MCH Student Fellows Leadership Skills Training Program
2008-2009

Call #1: Friday, January 30, 2009
3:30 to 4:30 p.m. EST

Topic: Basic Leadership Concepts

Drawing from Module 1 of the MCH Leadership Skills Development Series

Learning Objectives:
- Participants will identify characteristics they consider important to leadership.
- Participants will identify their own leadership qualities and those they would like to further develop.
- Participants will reflect on leadership skills development in the context of their past professional experience, their current professional and academic activities, and their future career plans.

Preparation for Call 1:

A) Watch the mini-lecture video on “Tapping into your leadership potential” in Module 1 of the MCH Leadership Skills Development Series
http://www.jhsph.edu/wchpc/MCHLDS/m1.html

B) Watch the video clip called “Learning to Lead” from an interview with Maxine Hayes
http://www.jhsph.edu/wchpc/MCHLDS/interviews.html (in the Module 1 section)

C) Complete the Reflection Questions on following page.

Resource for Further Study:
Then Maternal and Child Health Leadership Competencies http://leadership.mchtraining.net
Reflection Questions

1) What are your leadership strengths?

2) Which leadership skills and competencies are your weakest?

3) What leadership skills and competencies would you like to further develop in your first year or two after graduate school? What mechanisms or opportunities do you think you might use toward that end?

4) Thinking about the course of your career over the long term, what is your vision for yourself in terms of leadership skills, practices and roles?

5) Before your orientation to the MCHLDS at APHA, were you aware of—and had you explored—resources for leadership development (e.g., the MCH Timeline, MCH Leadership Competencies, the MCHLDS, and other sources of leadership development training and support)?