WAGs (Writing Accountability Groups)

**Question:** What happens when…

- 4-8 members
- commit to 1 hour/wk for 10 weeks?

**Answer:**

- Increased writing frequency
- Shorter writing session durations
- Greater perceived control over the writing process
- Built-in social support network
- Unmitigated joy!
Writing Accountability Groups (WAGs)

1st WAG at Hopkins! Tuesdays, 09/24/13-11/26/13 (1-2PM)

- A WAG is an active writing group that meets weekly for a 10-week period
- Peer-facilitated
- Follows a strict agenda:
  - 15 minutes of updates
  - 30 minutes of writing
  - 15 minutes of reporting and wrap-up
- Limited to 4-8 members (participants must commit to at least 7 of the 10 sessions)
- Focused on the PROCESS and HABIT of writing
- Outcomes:
  - increased writing productivity
  - improved control over your writing process and writing habits
  - improved goal-setting and time management
  - small community of engagement and relationships

Alicia Arbaje, Ger.
Durga Roy, Psych.
Shari Lawson, OB/GYN
Emily Evers, OB/GYN
Jessica Peirce, Psych.
Jin Hui Joo, Psych.
Michelle Eakin, Pulmon.
Panagis Galiatsatos, IM
WAG Resources

Skarupski KA, Foucher K. Writing Accountability Groups (WAGs): A tool to help junior faculty members build sustainable writing habits. JFD. 2018;32(3):47-54.


WAGs youtube teaser: https://www.youtube.com/watch?v=_yrc89cdvUI

Wagyourwork.com

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• Fill out Google Form with name/email at
  https://forms.gle/6xTQ3oV2TM4nMrGZ8