



## JOHNS HOPKINS WEIGHT MANAGEMENT CENTER

Dr. Lawrence J. Cheskin, M.D., FACP  
Director

Johns Hopkins Weight Management Center  
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Baltimore, MD 21205  
410-502-0145

Dear Prospective Client:

Thank you for your interest in the Johns Hopkins Weight Management Center. Enclosed is the information you requested about our treatment programs. If you would like further information, you are welcome to visit our website. The address is [www.jhsph.edu/weight](http://www.jhsph.edu/weight).

After making a decision about our program, please call **410-502-0145** if you are interested in pursuing treatment. We will be glad to schedule an appointment with a Personal Coordinator for you. At this first visit, you will meet with your Personal Coordinator to determine which program is best for your weight loss goals.

Once you and your Personal Coordinator have decided on a program, you will be scheduled for your assessments with our specialists. The assessments will include a comprehensive nutrition assessment, behavioral assessment, metabolic test, and an assessment with our exercise physiologist. If you are planning on a medically monitored program, you will also be scheduled for an appointment with me or one of my assisting physicians.

You will also receive a questionnaire to take home and bring back with you to your next appointment. This questionnaire will assist us in getting to know you, and learning how to best help you to reach your goals.

Please note that we are not set up to bill your insurance company. Therefore you will need to check with your insurance carrier to see if any of the costs will be covered. We will be glad to provide you with receipts to submit to the insurance carrier for reimbursement. Meanwhile, we will need to collect the fee at the time of service. Also note that if a physician has given you a diagnosis of obesity, the expenses you incur at the Johns Hopkins Weight Management Center may be included as "medical costs" in your total costs calculated for tax purposes, and in any defined health benefit you may set aside through your employer with pre-tax dollars.

Again, thank you for your interest in our program. We look forward to meeting with you and assisting you in your weight loss endeavor.

Lawrence J. Cheskin, M.D., FACP  
Director, Johns Hopkins Weight Management Center  
Associate Professor, Johns Hopkins Bloomberg School of Public Health