

POLICY-DIRECTED RESEARCH TO IMPROVE CARE FOR PERSONS WITH COMPLEX HEALTH NEEDS

Fall 2018

FACULTY SPOTLIGHT

We are thrilled to spotlight our newest faculty member, **Chanee Fabius, PhD**, Assistant Professor of Health Policy and Management. Dr. Fabius recently completed a post-doctoral fellowship at Brown University, holds a doctoral degree from the University of Connecticut, and has prior experience as a care manager for older adults and individuals with disabilities in Connecticut. Dr. Fabius' research focuses on the effects of aging and disability policies, reducing health care disparities and improving health equity. In addition to being core faculty of the Roger C. Lipitz Center for Integrated Health Care, Dr. Fabius is a member of the Center for Disparities Solutions.



RESEARCH FINDINGS

Accountable Care Organizations: Promising Results for Vulnerable Populations

The growth of ACOs has prompted concern about disadvantaging providers who serve dual eligible and disabled beneficiaries. A recent study led by **Aditi Sen** and co-authors **Lena Chen**, **Lok Wong Samson**, **Arnold Epstein**, and **Karen Joynt Maddox** in September's issue of *Medical Care* finds alternative payment models can achieve greater savings for providers who serve vulnerable populations. [Read More.](#)



How does Medicaid expansion affect risk pools and premiums in the market for private health insurance?

A study conducted by **Aditi Sen** and **Thomas DeLeire** in *Health Economics* shows that expanding Medicaid can lower premiums in private health insurance markets. Comparing premiums in neighboring counties that straddle expansion and non-expansion states, results show that premiums are 11% lower in states that expanded Medicaid. [Read More.](#)

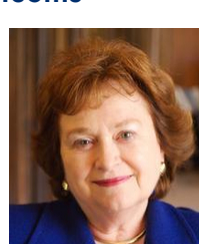
Paying for Drugs After Reaching the Medicare Part D Catastrophic limit

Above the \$5,000 out-of-pocket threshold, Medicare Part D enrollees still pay a 5% copay. Recent growth in spending on expensive specialty drugs makes the 5% copay, on top of out-of-pocket spending, burdensome for beneficiaries. An article by **Bill Padula**, **Jeromie Balreich**, and **Gerard Anderson** in *Applied Health Economics and Health Policy* identifies alternative federal cost-sharing approaches. [Read More.](#)



A Policy to Enhance Access and Affordability for Medicare's Low-Income

An estimated 40% of low-income Medicare beneficiaries spend greater than 20% of their income on premiums & health care costs. A *Commonwealth* issue brief by **Cathy Schoen**, **Karen Davis**, **Amber Willink**, and **Christine Buttorff** suggests a new policy aimed at limiting out-of-pocket costs and premiums for beneficiaries up to 150% of federal poverty level. [Read More.](#)



Hearing Care Access? Focus on Clinical Services, Not Devices

A recent *JAMA Viewpoint* by **Nicholas Reed**, **Frank Lin**, and **Amber Willink** highlights the impacts of the Over-the-Counter Hearing Aid Act of 2017, with an important caveat: as hearing devices become more available, policymakers should not lose sight of access to hearing professionals and services. [Read More.](#)



Primary Care Visit Communication for Persons with Cognitive Impairment

Results from the SAME Page study published in the *Journal of General Internal Medicine* find a low-cost, scalable, pre-visit checklist improves the patient-centeredness of communication in primary care. The study was led by **Jennifer Wolff** and included coauthors **Debra Roter**, **Cynthia Boyd**, **David Roth**, **Diane Echavarria**, **Jennifer Auffil**, **Judith Vick**, and **Laura Gitlin**. [Read More.](#)

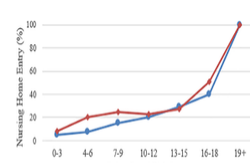


NEWS FROM THE NATIONAL HEALTH AND AGING TRENDS STUDY

Seven rounds of NHATS (2011-2017) and two waves of the National Study of Caregivers (2011 and 2015) are available at www.nhats.org. NSOC III (from 2017) will be released this Fall. Nearly 3,000 users have registered to access NHATS data and more than 150 peer-reviewed articles have been published, including these:

Long-Term Nursing Home Entry: A Prognostic Model for Older Adults with a Family or Unpaid Caregiver

A study in *JAGS* using NHATS by **Jennifer Wolff**, **John Mulcahy**, **David Roth**, **Irena Cenzler**, **Judith Kasper**, **Jin Huang** and **Kenneth E. Covinsky** finds both older adult and caregiver factors affect risk for long-term nursing home entry and present a 7-item prognostic model that may be used for targeting of community-based supportive services to those at-risk. [Read more.](#)



Late Transitions & Bereaved Family Member Perceptions of End-of-Life Care Quality

A study by **Lena K. Makaroun**, **Joan Teno**, **Vicki Freedman**, **Judith Kasper**, **Pedro Gozalo**, and **Vincent Mor** in *JAGS* uses NHATS to examine associations between late-life healthcare transitions and bereaved family member and friend perceptions of quality of end-of-life care. Findings indicate that transitions in the last three days of life are associated with more unmet needs and lower perceived care quality. [Read More.](#)



Assessment of Attitudes Towards Deprescribing in Older Medicare Beneficiaries

A recent study by **Emily Reeve**, **Jennifer Wolff**, **Maureen Skehan**, **Elizabeth Bayliss**, **Sarah Hilmer**, and **Cynthia Boyd** in *JAMA Internal Medicine* using NHATS finds the majority of older Americans are open to having one or more of their medicines deprescribed if their physician says it is possible, and more than two-thirds want to reduce the number of medicines that they are taking. [Read More.](#)



NEWS & UPDATES

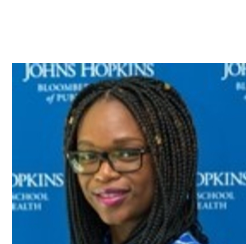
Bruce Leff Named Chair of American Board of Internal Medicine

Bruce Leff, Professor in the Division of Geriatrics and Director of the Center for Transformative Geriatric Research, was named the chair-elect of the American Board of Internal Medicine Council. The ABIM Council designs policies and procedures for quality certification in internal medicine.



Lipitz Center Doctoral Student Awarded RWJ Scholarship

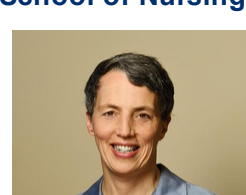
Second year HSR&P doctoral student **Mani Keita** has been awarded the prestigious Robert Wood Johnson Foundation Health Policy Research Scholarship, a national leadership development program for doctoral students who are committed to building a culture of health and equity in working in their communities. For more information, email: mberete1@jhu.edu.



GRANTS

Sarah Szanton to Lead PROMOTE Center at the Johns Hopkins School of Nursing

Sarah Szanton and Johns Hopkins University School of Nursing colleagues **Patricia Davidson**, **Jacquelyn Campbell**, **Cheryl Dennison-Himmelfarb**, **Hae-Ra Han** and **Nancy Perrin** were awarded a NINR grant P30NR018093 to establish the PROMOTE Center (Promote Resilience in Persons and Families Living with Multiple Chronic Conditions). The new center will lead research in social determinants of health, community-focused methods, and advance initiatives in supporting patients with multiple chronic conditions.



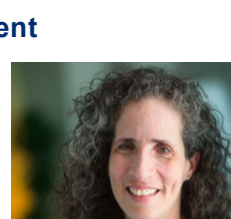
High-Cost High-Needs Care Management for Older Adults

Stephanie Nothelle, Assistant Professor of Geriatric Medicine and Gerontology was awarded a 2-year NIA GEMSSTAR (R03) career development award to study co-occurring care management in older adults who are high-cost, high-needs. Mentors include **Cynthia Boyd**, **Jennifer Wolff**, **Qian-Li Xue**, **Linda Dunbar** and **Sydney Dy**.



Achieving Excellence in Biopsychosocial Cancer Pain Management

Pain management is critical throughout cancer care, particularly in long-term survivorship and in advanced disease. A new NCI funded project (1R25CA225485-01) led by **Sydney Dy** and **Jim Zabora** will implement and evaluate a national training curriculum in biopsychosocial pain management and quality improvement in collaboration with the Hopkins Sidney Kimmel and City of Hope Comprehensive Cancer Centers. [Read More.](#)



Pragmatic Trial to Improve Communication for Primary Care Patients with ADRD

Jennifer Wolff and **Sydney Dy** were awarded a NIA R61 (R61AG061882) to refine and test an advance care planning intervention for older adults with dementia through proactive engagement of families in MedStar and JHCP primary care practices in the Baltimore area. The study team includes **Cynthia Boyd**, **Ian Brooks**, **Jessica Colburn**, **Valerie Cotter**, **Danetta Sloan**, **Kelly Smith**, **Bill Padula**, **David Roth**, **David Weisman**, **Charlie Sabatino**, **Jason Karlawish**, **Maura McGuire**, and **Naaz Hussain**. [Read More.](#)

SELECT RECENT PUBLICATIONS

- Amato Nesbit S, Sharma R, Waldfogel JM, Zhang A, Bennett WL, Yeh HC, Chelladurai Y, Feldman D, Robinson KA, Dy SM. [Non-pharmacologic treatments for symptoms of diabetic peripheral neuropathy: a systematic review.](#) Curr Med Res Opin. 2018 Aug 17:1-11.
- Bowring MG, Massie AB, Craig-Schapiro R, Segev DL, Nicholas LH. [Kidney offer acceptance at programs undergoing a Systems Improvement Agreement.](#) Am J Transplant. 2018 Sep;18(9):2182-2188.
- Bridges JFP, Janssen EM, Ferris A, Dy SM. [Project Transform: engaging patient advocates to share their perspectives on improving research, treatment and policy.](#) Curr Med Res Opin. 2018 Oct;34(10):1755-1762.
- Davidson PM, Abshire MA, Paull G, Szanton SL. [Family caregivers- important but often poorly understood.](#) J Clin Nurs. 2018 Sep 4. doi: 10.1111/jocn.14654.
- Dean LT, Moss SL, Ransome Y, Frasso-Jaramillo L, Zhang Y, Visvanathan K, Nicholas LH, Schmitz KH. ["It still affects our economic situation": long-term economic burden of breast cancer and lymphedema.](#) Support Care Cancer. 2018 Aug 18.
- Freedman VA, Kasper JD, Jette A. [Can Older Adults Accurately Report Their Use of Physical Rehabilitation Services?](#) Arch Phys Med Rehabil. 2018 Aug;99(8):1507-1513.
- McDowell MJ, Busch AB, Sen AP, Stuart EA, Riedel L, Barry CL, Huskamp HA. [Participation in Accountable Care Organizations Among Hospitals Offering Substance Use Disorder and Mental Health Services.](#) Psychiatr Serv. 2018 Aug 28:appips201800248.
- Moreland BL, Durbin LL, Kasper JD, Mielenz TJ. [Rehabilitation Utilization for Falls Among Community-Dwelling Older Adults in the United States in the National Health and Aging Trends Study.](#) Arch Phys Med Rehabil. 2018 Aug;99(8):1568-1575.
- Padula WV, Pronovost PJ, Makic MBF, Wald HL, Moran D, Mishra MK, Meltzer DO. [Value of hospital resources for effective pressure injury prevention: a cost-effectiveness analysis.](#) BMJ Qual Saf. 2018 Aug 10.
- Yao NA, Ritchie C, Cornwell T, Leff B. [Use of Home-Based Medical Care and Disparities.](#) J Am Geriatr Soc. 2018 Aug 7.
- Zhou S, Holscher CM, Massie AB, Segev DL, Nicholas LH. [Correlation Between Kidney Transplant Outcome Metrics and Waitlist Metrics.](#) Transplantation. 2018 Aug;102(8):e362-e363.

Share this email:



Manage your preferences | [Opt out](#) using TrueRemove®

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).