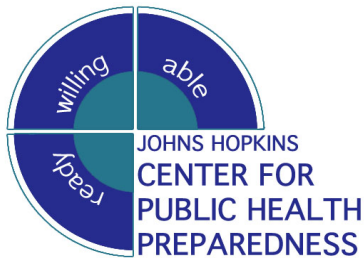
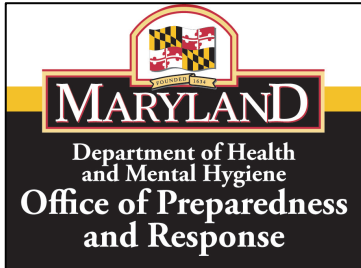


# "THINK INSIDE THE BOX!"

## Personal Preparedness Workshop



### **Description:**

"THINK INSIDE THE BOX" is an interactive workshop where participants will gain practical information on the importance of personal and family preparedness. This session will enhance awareness and skills in preparing for, responding to, and recovering from a variety of public health emergencies that may occur in the region. The workshop includes game-based and hands-on activities to aid participants in the process of creating an emergency preparedness kit and family communication plan. Participants will even have the opportunity to access resources and supplies to build their kits.

### **Objectives:**

By the end of the personal preparedness workshop, participants will be able to:

- Demonstrate how to prepare a family preparedness kit.
- Draft a family preparedness plan.
- Locate sources of information about emergencies that could occur in their area and the appropriate ways in which to respond.

### **When and Where:**

Monday, July 13, 2015  
1:00pm – 4:00pm (check-in starts at 12:15pm)

Snow Hill Health Center  
6040 Public Landing Road  
Snow Hill, MD 21863

### **Registration:**

Registration is free, but required. Course is limited to 45 participants, so register early!

CLICK HERE to register online for the course.

### **Questions:**

Please contact Katurah Bland at 443-287-6735 or [kbland1@jhu.edu](mailto:kbland1@jhu.edu)

**SEE YOU AT THE WORKSHOP!**