

CDC Worksite Health ScoreCard Update Validity and Reliability Testing

Overview and Frequently Asked Questions (FAQs)

The CDC Worksite Health ScoreCard is a tool designed to help employers assess whether they have implemented evidence-based interventions to promote and protect the health and well-being of employees. The ScoreCard was first made publicly available as a free online resource in 2012.

WHAT'S NEW IN THIS UPDATE?

Over the past several months, CDC has worked with leading researchers in the field to review and update the [CDC Worksite Health ScoreCard](#). Changes include a full update of the evidence base for each question, revised scoring and question wording, as well as **new questions and new modules**.

WHAT TOPICS ARE COVERED?

The CDC Worksite Health ScoreCard includes questions on evidence-based and best practice strategies that are part of a comprehensive worksite health promotion program. The topics include:

- Organizational Supports
- Nutrition
- Physical Activity
- Sleep and Fatigue
- Weight Management
- Tobacco Use
- High Blood Pressure
- High Cholesterol
- Heart Attack and Stroke
- Musculoskeletal Disorders
- Prediabetes and Diabetes
- Vaccine-Preventable Diseases
- Occupational Health and Safety
- Maternal Health and Lactation Support
- Alcohol and Other Substance Use
- Depression
- Stress Management
- Cancer

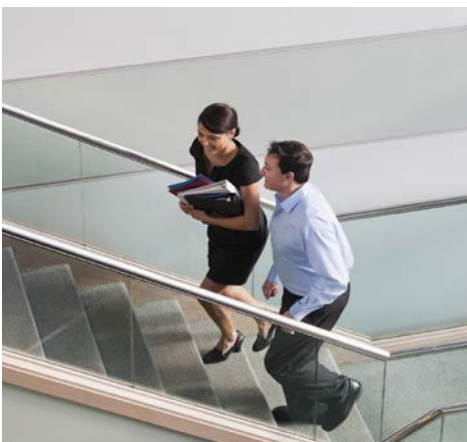
WHAT IS THE STUDY GOAL?

Before publicly releasing the updated tool, our goal is to pilot-test the tool with 150 employers to evaluate its reliability and validity. We invite you to participate in this process.

WHO CAN PARTICIPATE?

We are recruiting employers from a variety of industries, business types, and sizes. Employers may be for-profit or nonprofit, government or private. Employers from all states and regions may participate. Employers are not required to have a health promotion program in place to participate. We welcome employers who have previously used the ScoreCard, as well as those with no experience using the tool.

This study will collect data from just one worksite in each organization. In the case of large organizations that have multiple worksites, we will ask that you restrict your responses to just one worksite.





*To indicate your desire to participate in this study, please complete the attached interest form and return it to the study team by **March 30th, 2018.***

If you have any questions, please contact the study coordinator, Karen Kent [kkent3@jhu.edu].

Thank you for your assistance!

WHAT IS ASKED OF EMPLOYERS?

There are three steps in this validation study: an online survey, telephone interviews, and site visits. All participating worksites will complete the online survey, but only a small subset of employers will be invited to participate in interviews and site visits.

We will ask two respondents from each worksite to independently complete the survey. We expect this to take about 45 minutes. A respondent may be a human resource manager, health benefits manager, occupational nurse, or anyone else responsible for worksite health promotion. The ScoreCard can be used to evaluate your current program, establish benchmarks, assist in decision-making, and track improvements over time.

We ask participants to refrain from distributing the contents of the updated ScoreCard before the public release, currently scheduled for late 2018.

WHAT ARE THE BENEFITS FOR EMPLOYERS?

Immediately after completing the survey, employers will receive an automated report showing their scores on the ScoreCard. At the end of the study, employers will receive a **comprehensive feedback report** that contains:

- ✚ Benchmarking information so employers can see how their scores compare to the average score for employers of similar size and industry type
- ✚ Individualized recommendations of high-impact strategies that the employer can use to improve employee health.

All individual employer scores and responses will be held confidential.

WHAT IS THE TIMEFRAME FOR THIS STUDY?

The pilot-testing of the online survey will start in **February 2018**. Please indicate your interest by completing the form below, and we will be in touch!

ScoreCard Pilot Interest Form

If your organization would like to participate in this evaluation of the updated CDC Worksite Health ScoreCard, please complete this form and return it to us by clicking the **SUBMIT** button in the upper right corner of this application. You may also email the completed form to Karen Kent [kkent3@jhu.edu]. Thank you.

Organization Information

Organization Name: _____

Survey Respondent I

Contact Name: _____

Telephone Number: _____

Email Address: _____

Survey Respondent II

Contact Name: _____

Telephone Number: _____

Email Address: _____

Previous CDC Worksite Health ScoreCard Use

Please select one:

- My organization has previously completed the CDC Worksite Health Scorecard using the [online portal](#).
- My organization has previously completed the CDC Worksite Health Scorecard using a hard-copy (printed) version of the tool.
- My organization has not previously completed the CDC Worksite Health Scorecard in any format.