Redefining Health Care Systems and Improving Health

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A few thoughts about the human race
A few thoughts about the human race
A few thoughts about the human race

God-like

Undecided
A few thoughts about the human race

God-like  Undecided  Dangerous
What is the function of a rabbi?

“To redress the grievances of those who are abandoned or alone, to protect the dignity of the poor, and to save the oppressed from the hands of his oppressor” (Rabbi Hayyim of Brisk) and add “to eliminate the teaching of hate to our children”
What do I want in terms of health care?
What do I want in terms of health care?

Excellent care
What do I want in terms of health care?

- Excellent care
- Appropriate care
What do I want in terms of health care?

Excellent care
Appropriate care
Humane care
What do I want in terms of health?

Basic science makes us all immortal
What do I want in terms of health?

Basic science makes us all immortal

Eliminate social determinants
Health services research has taught us a lot
From 50 years of findings, we know about...

Health status

Quality of care  Cost and utilization  Social determinants  Medical innovation
What we know about health status

It’s measurable
What we know about health status

It’s measurable

It’s all-encompassing
What we know about health status

- It’s measurable
- It’s all-encompassing
- Depression leads to morbidity
Ability to measure raises uncomfortable questions but great opportunities
If it were you...
What we know about quality of care

Quality of care

Cost and utilization
Social determinants
Medical innovation
What we know about quality of care

It’s measurable
What we know about quality of care

It’s measurable

It’s deficient
What we know about quality of care

It’s measurable

It’s deficient

It varies by location
What we know about quality of care

- It's measurable
- It's deficient
- It varies by location
- No provider does everything well
If it were you...
What we know about cost and utilization

Cost and utilization

Social determinants

Medical innovation
What we know about cost and utilization

People use more care when it’s free
What we know about cost and utilization

People use more care when it’s free  Free care ≠ better health
People use more care when it’s free
Free care ≠ better health
Pay affects how physicians practice
If it were you...
What we know about social determinants

Social determinants

Medical innovation
What we know about social determinants

Wealth, education, employment

Where you live

How far you commute
If it were you…
What we know about medical innovation

Medical innovation
What we know about medical innovation

Innovation is good but expensive
What we know about medical innovation

Innovation is good but expensive

People die in costly ways
If it were you...
Why can’t we build on what we’ve learned?

- Health status
- Quality of care
- Cost and utilization
- Social determinants
- Medical innovation
We need disruptive change
What if... we integrated measurements of health status into the health care system and paid attention to loneliness, social isolation, and despair?
What if... we improved the quality of care?
What if… we educated people and providers and gave them smart decision tools to make wiser choices?
What if… we eliminated the effect of geography on everything?
What if we eliminated the social determinants of health?
What if... we dramatically altered how care is delivered to achieve value and control costs?
What if... academic medical centers began educating doctors for a value-based culture?
What if...
What if… WE are the catalyst for change, eliminating every wasteful dollar from health care and spending it on animals, ecology, and Earth itself?
We can improve everyone’s quality of life
Be daring.
Be revolutionary.
Be disruptive.
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Redefining Health Care Systems

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