FAMILY SPIRIT MODEL GUIDANCE ON
HOME VISITOR CASELOADS

MARCH 2022

Family Spirit recommends a caseload of up to 20-25 families for each full-time home visitor (100% FTE), depending on stage of enrollment for each participant. Family Spirit visits are more intensive in the prenatal and newborn stage and then space out in the postpartum months. We recommend that home visitors start out with a caseload of 3-5 families and build a larger caseload over time as they become more experienced. Home visitors who work part-time would adjust their caseloads accordingly; for example a home visitor at 50% FTE could carry a caseload of up to 10-12 families.

Family Spirit supports flexibility and adaptability of this recommendation in an effort to be person-centered and to respond to the needs of each family. We support each affiliate’s decision to adjust the recommendation for caseloads in order align with the needs of participating families and the local community. In addition, it is important to note that external events may impact caseloads, for example a pandemic or a natural disaster (e.g. fires) in the community. Home visitor caseloads may be much less or much more than the recommended caseload, depending on the need level of families and the mode of program delivery. As a model, Family Spirit emphasizes the equity of the services provided to each family over the number of clients served because we understand that client/family needs are complex and dynamic. Family Spirit works very closely with affiliate sites to provide technical assistance about maintaining fidelity with caseload adaptations.