SUBSTANCE ABUSE TREATMENT RESOURCES

University of Maryland Treatment Sites:

1) Alcohol & Drug Abuse Program (ADAP)  
   - Substance abuse counseling - individual/group therapy  
   - Can help patients get on methadone or buprenorphine  
   - Takes: Medicare, uninsured Baltimore City residents, Primary Adult Care (PAC)

2) Outpatient Addiction Treatment Services (OATS)  
   - Substance abuse counseling – individual/group therapy; Acupuncture  
   - Can help patients get on methadone or buprenorphine  
   - Takes: Medical Assistance, Medicare (w/ Medical Assistance), some Commercial Insurances, NOT PAC

3) University of Maryland Drug Treatment Program (Methadone maintenance)  
   - Methadone treatment w/ outpatient counseling - individual/group therapy  
   - Takes: Medical Assistance, Medicare, Commercial Insurances, PAC

4) Comprehensive Recovery Program (CRP)  
   - 6 month extended methadone detox program  
   - Individual/group therapy, Case management  
   - Takes: Medical Assistance, Medicare, uninsured patients, NOT PAC

5) Harambee Adolescent Treatment Center  
   - Adolescent substance abuse counseling- individual/group therapy

For UMMC and UMB employees:

6) University of Maryland Employee Assistance Program  
   - Free and confidential counseling for patients and their families

Other Baltimore City Referrals:

1) Baltimore Substance Abuse System (bSAS)  
   - Offers general referrals for all Baltimore City residents and can assist in finding programs that will work with all types of insurance  
   - Services include prevention, intervention, treatment, and recovery programs delivered in outpatient, residential, and medically assisted treatment

2) Tuerk House  
   - Inpatient Rehab - 3-4 weeks  
   - Outpatient individual/ group therapy/ Residential treatment  
   - Opioid detox  
   - Alcohol/Sedative detox (Baltimore County patients)

Maryland Resources:

1) Alcohol & Drug Abuse Administration Md.  
   - Online Resource Directory provides information on inpatient and outpatient treatment programs throughout Maryland and the insurance providers those programs will accept
Acute Detoxification:

1) Center for Addiction Medicine (CAM)  (410) 225 - 8240
   - Inpatient/ Outpatient detox ( outpatient detox: $260 self-pay)
   - Takes Commercial Insurance, Medical Assistance, Medicare (PAC for counseling, methadone treatment)
   - Also offers buprenorphine/methadone treatment and counseling

2) Johns Hopkins Bayview- Chemical Dependency Unit  (410) 550 - 1908
   - Inpatient detox
   - Takes Insured and Uninsured

3) Baltimore Crisis Response Inc (BCRI)  (410) 433 - 5175
   - Takes Uninsured
   - Inpatient detox and Crisis psychiatric care

4) Baltimore Cares  (410) 233 - 3111
   - Outpatient detox

Other Useful Treatment Resources

Maryland Smoking Cessation  www.smokingstopshere.com  (800) QUIT - NOW
Alcoholics Anonymous  www.aa.org  (410) 663 - 1922
Al-Anon/Al-Ateen  www.al-anon.alateen.org  (410) 832 - 7094
Smart Recovery  www.smartrecovery.org  (410) 336 - 4636

Have a patient who is ready to seek treatment? Treatment resources vary greatly based on patient’s insurance provider. Follow the guide below to determine the best option.

Uninsured
   - Uninsured Baltimore City residents are eligible for substance abuse treatment through University of Maryland’s ADAP and OATS (depending on income).
   - Uninsured patients can also contact Baltimore Substance Abuse System (bSAS). BSAS staff will look for grant funding and other means to cover individuals who want to enter treatment.

Medical Assistance (MA)
   - Patients with Medical Assistance are eligible for most substance abuse inpatient and outpatient treatment programs in Maryland.
   - Contact Baltimore Substance Abuse System (bSAS) to assist with referral.
   - Visit the Alcohol & Drug Abuse Administration (ADAA) Resource Directory to find specific types of treatment programs in different geographic areas in Maryland.

Medicare
   - The co-pay for substance abuse treatment with Medicare can be very high (often 50% of cost).
   - If patients are unable to pay the large co-pay, contact Baltimore Substance Abuse System, which can assist patients with referral options for the under-insured.
   - University of Maryland’s ADAP and OATS will also accept patients with Medicare (may depend on income).

Private Insurance
   - Call the insurance company’s customer service number on the back of the card to find out which providers are in network (there is often a separate number for substance abuse/mental health).
   - If there is a large co-pay, patients can call Baltimore Substance Abuse System to see if there are other low cost options.