Note: Comments made during the meeting (and not listed on the original PPT slides shown during the meeting) will be highlighted in an orange font color
Communications & External Affairs

- Updated the Student Assembly website (our "About" page):
  - Executive Board Officers
  - Department Representatives
  - Members-at-Large
  - Committee Announcements
    - NOTE: Committees will have updates once-per-month
  - Meeting Minutes
    - Leslie McAhren requested to post formal minutes/summary on our webpage, in addition to the PPT slides presented (and updated) during the meeting

- New policy: From now on, all emails sent on the jhsp.h.activities@lists.johnshopkins.edu listserv will be distributed in the "daily digest".
  - Exception: Emails sent from Student Assembly members (about Student Assembly-related events) and/or relevant JHU Offices/Staff will be distributed as individual emails and in the daily digest.
Community Affairs & Public Health Promotion

- Two successful events on September 21:
  - Advocacy Toolkit Workshop: How to Write Letters to Policymakers (led by Dr. David Bishai & Diane Coraggio)
  - Film: “Rat Problems, People Problems: Urban Health, Baltimore City, and Rat Film”
- Strategizing best method to disseminate information about events in the community (e.g. marches, rallies, etc.) in addition to our committee events
  - Danielle Gilmore (VP Communications) mentioned that the SA website may have the capability for creating a calendar of events
- October 7: Ban the Box Rally at JHU Homewood Campus
  - Jackie Tran, Ally Gittens, and Justin Jacob attended the final 30-45 minutes of the rally (after JHU Alumni Council commitments before)
- Up next: Apply for public health promotion grants (through the JHU Alumni Council’s student organization grants program), plan public health day of service (?), SOURCE power bar drive
Elections / MPH Co-Officers

• Elections updates
  • Online/technical issues with the JHSPH portal to accommodate the ballot (re-coding was required)
  • Email will be sent today about elections period 10/11-10/15

• MPH class updates
  • Petition to change the date of formal => Resulted in postponing the date of formal
    • MPH class was frustrated that we advertised the formal too short-notice (more than 17 days in advance is preferred)
  • MPH class wants more transparency
    • It was noted that Meeting Minutes (PPT slides) are posted on our SA website to address this (includes committee updates, relevant hyperlinks, etc.).
    • A request for formal 1-page summary/minutes (in addition to PPT slides)
## Finance & Appropriations (1)

### Operating Budget

<table>
<thead>
<tr>
<th>Item</th>
<th>Current Exp</th>
<th>Projected Exp</th>
<th>Actual Expense</th>
<th>YTD</th>
<th>Difference</th>
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### Activity Budget

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### Student Group Funds

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### Student Conference Fund

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### Total Expenses

- **$18,596.00**
- **$1,974.25**
- **$111,425.75**

### Total Revenues

- **$119,990.17**
- **$13,416.99**

7.76% of total budget spent

19.5% of student group funds allocated
Finance & Appropriations (2)

• Please inform Christina Vivelo about any and all purchases, before you actually make them. If the expense is not an approved one, it may prevent you from being reimbursed
• Please use our SA Foodify account as much as possible when ordering food for SA committee events
• Reminder: Our purchases are tax exempt (certificate)
• Apply for student organization grants through the JHU Alumni Council => Deadline on October 20 at 11:59 PM
• Question came up about 1 student group application => Request for ~$7000 to create a JHSPH student journal
  • We do not currently have a line-item in the budget to accommodate this funding request
  • If we take it from the student group fund, this expense would be 23% of the ~$30,000 allocated for all SPH student groups
Honors & Awards

• VACANT POSITIONS (2 vacancies)

• Anushka/Justin will get the Student Conference Fund (SCF) application process started (within ~1 week), until we elect our new VPs of Honors & Awards:
  • NOTE: According to our Bylaws, SA officers are ineligible for SCF
  • Application cycle: 10/13/2017 to 10/27/2017
  • Winners notified: 11/7/2017
  • Support conferences held between: 11/15/17 – 2/28/18

• Adding “professional/career development” to this committee. Proposed changes can be found here.
  • Note: This effort has been led by Danielle Gilmore
  • Proposed changes to Constitution will be sent to Student Assembly in the near future, and a formal process for ratification will begin
Quality of Life

- Waffle Wednesdays (1st Wed of every month)
  - 1st WW (Oct 4) was a big hit
  - Location: The Gallery
- Monthly Self-Care Promotion Campaigns
  - October: Meditation and Mindfulness
- Oct 11 (9:30 am): Meeting with Dean Ward to plan Town Hall
  - Attendees: Dean Ward, Ally Gittens, Anushka Aqil, Justin Jacob, Dolapo Fakeye
  - Student survey to be sent on Friday, October 13 (questions for the new Dean) and will close on Friday, October 27 (2 weeks)
- Nov 15 (12 pm, Sommer Hall): SA Town Hall with Deans MacKenzie and Ward
- Other ongoing tasks:
  - PATH (Provost’s Advisory Team on Healthcare [for graduate students and postdocs]) survey to gauge healthcare and insurance concerns
  - Affordable health insurance for graduate students
  - Hot + Cold water machines in Wolfe St. building***

***Pending confirmation: Apparently, Daily Grind now offers FREE hot water with reusable cup
Social & Cultural Affairs

• Formal/gala updates: POSTPONED TO LATER DATE (TBD) due to petition
  • Venue: Belvedere Hotel (1 E Chase St, Baltimore, MD)
  • Predicted costs
    • Venue (+ hors d’oeuvres, bar, 23% service charge) = $28,905
    • DJ + lights + photo booth = ~$2,000
    • Photographer = ~$1,000
  • Predicted revenue:
    • $30/ticket X 500 tickets = $15,000
  • Leslie asked if a formal vote was taken to postpone: It was not
• Other upcoming events:
  • Oct 27: Halloween-themed party at FLAVOR
    • $2000 food/drink minimum purchase
    • Halloween decorations will be set-up
  • Oct TBD: Pumpkin carving event with JHSOM
  • Nov TBD: Hay ride, corn maze, bonfire outing (family-friendly)
    • RSVP will help determine budget (will ask $5-10 per attendee, to off-set the cost for transportation [bus(es)], activities, etc.)
Student Groups

- Nov 1, 2017 (12-1 pm, Feinstone Hall): SET Seminar (co-organized by Steve Wellard and Scott Klein/SET)
  - SA is sponsoring the lunch
  - Overall goal: Inform SA and student group leaders about relevant/important information when organizing events (SET = Special Events Team)

- Ongoing: Organize a dinner with the Deans (with SA and student group leaders)

- Trial period: Student groups will be allotted $10 per person (initially $8 per person) when it comes to ordering food only if they comply with Healthy Food Initiative guidelines (pages 11-13)
  - The next ~10 slides detail this initiative (presented by Anushka)
The Healthy Foods Initiative

Hussain Lalani, MPH (‘17)
Justin Jacob, President Student Assembly
Anushka Aqil, President-Elect Student Assembly
On Behalf of the Healthy Foods Initiative Team
Mission

To increase access to healthy foods and drinks at JHSPH by identifying and addressing key underlying factors that inform the status quo
Cost Influences Ability to Serve Healthy Food

Based on surveying student organization leaders about factors that influence food that is served (N=20)
**MEETINGS AND EVENTS**

**Standards at a Glance, by Occasion**

**Breakfast**
- Fruits or vegetables must be provided.
- Whole grain options must be available when grains are served (e.g., whole wheat bread, bagels).
- No doughnuts, pastries, or sweet buns can be served.
- Yogurt must be low-fat or non-fat, with 30 grams sugar or less per 8 ounces.
- Water must be available.
- All beverages must contain 25 calories or less per 8 ounces, except 100% juice or milk.
- Milk must be 1% or non-fat, and unsweetened.
- Juice must be 100% fruit juice.

**Lunch**
- Fruits or vegetables must be provided.
- Whole grain options must be available when grains are served (e.g., whole wheat bread, rolls, wraps, brown rice).
- No fried foods served (e.g., chips, French fries).
- No more than one portion of dessert per person.
- Water must be available.
- All beverages must contain 25 calories or less per 8 ounces, except 100% juice or milk.

**Snacks and Special Events**
- Fruits or vegetables must be provided when food is served.
- No fried foods served (e.g., chips, French fries).
- No more than one portion of dessert per person.
- Water must be available.
- All beverages must contain 25 calories or less per 8 ounces, except 100% juice or milk.

**Sample Menus**

**Breakfast**
- Mini whole wheat bagels
- Fruit spread, peanut butter and low-fat cream cheese on the side
- Low-fat plain yogurt with low-fat granola
- Assortment of fresh fruit, such as bananas and whole tangerines
- Coffee, tea, low-fat milk, water

**Lunch**
- Turkey, avocado, lettuce and tomato sandwiches on whole wheat bread
- Grilled vegetables on whole wheat wraps
- Chopped salad with mixed greens and vinaigrette dressing on the side
- Fresh fruit salad
- Bite-sized chocolate chip cookies
- Coffee, tea, water, seltzer

**Snack**
- Assortment of fresh fruit, such as apples and pears
- Air-popped popcorn with light seasoning
- Mixed nuts
- Water, seltzer

**Special Event**
- Mixed vegetable platter with hummus
- Cheese cubes and whole grain crackers
- Fresh fruit skewers or fresh fruit salad
- Special treat, such as celebration cake, cut into small portions
- Coffee, tea, water, seltzer, 100% juice/seltzer "punch"

**Tips for Implementing the Standards**
- Purchase pitchers to provide water at all meetings and events where beverages are served.
- Give a copy of the Standards to your vendor/caterer and attach to all catering requests.
- If purchasing food from a local store or restaurant, use the Standards to create your shopping list or as you shop.
- Work with your vendor/caterer to identify healthy options from their menu.

Made possible by funding from the Department of Health and Human Services.
table platter with hummus
- Cheese cubes (non-fat/low-fat) and whole grain crackers
- Vegetable skewers
- Coffee, tea, 100% juice/seltzer
Goals

1. “Practice What We Preach”
   • Implement (adapted) NYC Food Standards among student organizations for Student Assembly-funded events
   • Continue addressing obstacles to eating/ordering healthy food

2. Set a positive example for the rest of the institution
Our Progress

1. Cost
   • Discussion among SA leaders, including Finance Team, about increasing the per-person food allowance for event-funding from $8 → $10

2. Convenience
   • Working with Foodify’s Healthy Foods Program to make it easy to order healthy food
     • Negotiating lower costs of food and delivery
Next Steps

• We Need Your Support
  • We have a responsibility to pave the path for the entire study body

• Discuss Implementation Plans
  • Great policy that is poorly implemented produces suboptimal results
  • How do we ensure success?
    • Creation of Healthy Foods Initiative Committee?
    • Prompt submission of receipts to Finance Team
    • Request Nutrition Guidelines are followed in order to receive funding for food/drinks
    • Survey student body about beverage preferences

• Projected Start Date: January 22, 2018
Summary

• Food and drinks are an integral part of individual health and public health

• The Healthy Foods Initiative provides an excellent opportunity to improve the food environment, make an impact, & leave a legacy

• Developing mechanisms for policy implementation is critical to achieving success

• Together, we can make meaningful change!
Thank You

• Thank you for engagement and interest!

• Special thanks to Justin and Anushka for their leadership and commitment to the Healthy Foods Initiative. This would not be possible without your hard work and support!

• Contact info: Hussain Lalani
  H.lalani12@gmail.com
  HL107@duke.edu
The Healthy Foods Initiative
President Updates

• SA retreat:
  - Last year, we had it in October, and it was great for team camaraderie!
  - Where? When? Overnight?
  - Activity ideas: Team building? Leadership workshops?

• Ongoing/almost finalized: Placing department representatives SA committees

• Relevant meetings attended/attending:
  - Dean MacKenzie: 1-on-1 meeting (9/18)
  - Doctoral Student Council (9/21)
  - Dean Ward (9/21)
  - JHU Office of Sustainability (9/26): Hot + cold water system in JHSPH***
  - Healthy Food Initiative (10/3): New “policy” with student group funding for event catering
  - JHU Alumni Council’s Student Engagement Committee (10/5 - 10/7)

• Upcoming:
  - SA Town Hall planning meeting with Dean Ward and Ally Gittens (10/11)
  - Faculty Senate meeting (10/12) and Committee of the Whole meeting (10/19)
  - Foodify (Contact: Eric Bonardi) meeting: Healthy Foods Initiative (10/18)
  - SA Town Hall with Deans MacKenzie & Ward (11/15, 12-1:30 pm, Sommer Hall)

***Pending confirmation: Apparently, Daily Grind now offers FREE hot water with reusable cup