Sample Practicum Learning Plan Proposal
CUSTOMIZED – INTERNATIONAL EXAMPLE

Link to submit plan: http://jhsph.co1.qualtrics.com/jfe/form/SV_aVs3hhr2tN8sPBP

Student Contact Information
Your first name: StudentFirstName
Your last name: StudentLastName
Your phone number (XXX-XXX-XXXX): 555-555-5555
Your Email address: student@jhu.edu

Please indicate your academic program.
- Full-time (MPH only)

How did you connect with this practicum opportunity (select best answer)?
- Referred to the practicum by JHSPH faculty member

Preceptor Contact Information
CV required if non-JHSPH faculty member. Please send to practice@jhu.edu

Primary Preceptor first name: PreceptorFirstName
Primary Preceptor last name: PreceptorLastName
Preceptor phone (XXX-XXX-XXXX): 888-888-8888
Preceptor Email Address: preceptor@med.navy
Primary Department (if JHSPH faculty member, search department here: http://www.jhsph.edu/faculty/directory/list): Not applicable

Alternate Preceptor Contact Information
CV not required, but contact information required below.
Please note that an alternate preceptor is required for the practicum. The primary and alternate preceptors cannot be the same. The role of the alternate preceptor is to be the back-up person for the primary preceptor and be able to take over for the primary preceptor if he/she is not available.

Alt preceptor first name: AlternateFirstName
Alt preceptor last name: AlternateLastName
Alt preceptor phone (XXX-XXX-XXXX): 888-888-8889
Alt preceptor email: altpreceptor@med.navy

Organization Information:
Name of organization where practicum is being completed: United States Naval Hospital, Health Promotion
City where organization is located: Sasebo  
State or country where organization is located: Japan

**Brief description of organization**  
*Describe the organization’s mission and population focus. Include organization’s URL.*

The United States Naval Hospital in Japan is one of the largest overseas hospitals in the United States Navy, and provides healthcare services to eligible U.S. military personnel stationed in Japan. The Health Promotion office of the hospital provides health education services and increases awareness of healthy behaviors for the military and civilian communities. The Health Promotion office designs, develops, and deploys health programs in various settings around the island. The office is charged with promoting behaviors aligned with the Health People 2020 objectives, as well as providing public health services geared specifically for the overseas military community.

**Practicum Project Title (1 sentence)**  
*List the title of the practicum project. If your project does not have a defined title, please come up with a one-sentence title that describes your project.*

Conceiving, developing, and implementing health education programs for the community in Japan.

**Practicum Description: Project aims, goals and objectives**  
*Describe what the project aims to accomplish (1-2 sentences) and then list the specific project goals and objectives (2-5 recommended). If you are unsure about the specific goals and objectives for your project, please discuss with your preceptor.*

A. The practicum project will involve working with the Health Promotion office of the United States Naval Hospital to help conceive, develop, and implement health education programs for the community in Japan. The Health Promotion office conducts ongoing health training in nutrition, tobacco cessation, cardiovascular health, stress management, and other health topics as needed.

B. In addition, there is a monthly health topic focus around which community health events are organized. The health promotion activities center on bringing information and tools for engaging in healthy behaviors directly to the community.

**Describe how the project is population-health focused**

Because the United States Naval Hospital serves both the military and civilian communities of Japan, the successes of the Health Promotion office can be wide-reaching. The Office aims to improve the health and lives of as many people as possible who are associated with the United States military overseas.

**Short description of your specific contribution to the overall goals and objectives of the project** (1-2 sentences)  
*What is your specific contribution to the overall goals and objectives of the project? Describe your distinct role in the project.*
The student will be providing support to the Health Promotion office in a number of ways, including delivering short health behavior training (nutrition, smoking cessation, cardiovascular health, and stress management), providing staffing for health promotion events, and developing and facilitating health promotion programs at the military camps. The student will also help develop health promotional materials which can be distributed to the community.

**Summary of your anticipated practicum duties** (list)
*Examples: conduct literature review of surveillance programs for health condition, execute data analysis to identify trends in utilization of medication, write final report to synthesize data, track current health policy trends, review similar programs to adapt for new program*

The student will:
1. Serve as the Health Promotion representative during events to provide health education materials and speak with the community members attending the events
2. Initiate, design, and implement health promotion activities at the military bases
3. Assist in designing materials providing information on various health topics for the Health Promotion office
4. Conduct Health Promotion office ongoing training sessions
5. Other duties as requested

**Summary of your preceptor’s duties** (list)
*Examples: provide student with background materials, supervise student activities, provide student with feedback on work*

The preceptor will:
1. Provide materials for Health Promotion events as available
2. Provide training for conducting the Health Promotion education sessions
3. Give guidance on assignments which would help the Health Promotion office’s work and mission

**Will the student be required to complete any training for the practicum project? If yes, please describe.**
*Examples: provide student with confidentiality or HIPPA training, orient student to data analysis software, training to interact with population focus, etc.*
No

**Description of anticipated final deliverables**
*Final products that you will develop for the organization. Please note you will be required to share at least one final deliverable with the Practice Office upon completion of your practicum.*

The final deliverables for the project are:
1. Health Promotion materials, as requested
2. Plans related to organization of events at the military camps

**Do you anticipate that your practicum will be linked to your capstone project?**
*More information about linking practicum and capstone can be found here:*

☐ Yes – Please explain how the practicum and capstone will be distinct.
☒ No – Move on to next question.
☐ Not sure – Please explain why you are not sure if your practicum will be linked to your capstone project.

Anticipated practicum start date (mm/dd/yyyy): __________

Anticipated mid-point Progress Report submission date (not required for courses or the SOURCE Connection) (mm/dd/yyyy): __________

Anticipated practicum end date (mm/dd/yyyy): __________
Final report will be due 2 weeks after end date. If completing practicum in the fourth term, final report is due May 1.

Will this experience fulfill your entire practicum requirement?
☒ Yes
☐ No, I will be combining it with other experiences to fulfill the requirement

Total Estimated Practicum Hours (for non-course practicum): 100

What specific MPH competencies relate to your aims for this experience? You must select at least five. You will then be asked to develop a specific learning objective for each of your selected five competencies.

MPH COMPETENCIES:
Evidence-based Approaches to Public Health
☐ Apply epidemiological methods to the breadth of settings and situations in public health practice
☐ Select quantitative and qualitative data collection methods appropriate for a given public health context
☐ Analyze quantitative and qualitative data using biostatistics, informatics, computer-based programming and software, as appropriate
☐ Interpret results of data analysis for public health research, policy or practice

Public Health & Health Care Systems
☐ Compare the organization, structure and function of health care, public health and regulatory systems across national and international settings
☐ Discuss the means by which structural bias, social inequities and racism undermine health and create challenges to achieving health equity at organizational, community and societal levels

Planning & Management to Promote Health
☐ Assess population needs, assets and capacities that affect communities’ health
Apply awareness of cultural values and practices to the design or implementation of public health policies or programs

- Design a population-based policy, program, project or intervention
- Explain basic principles and tools of budget and resource management
- Select methods to evaluate public health programs

**Policy in Public Health**

- Discuss multiple dimensions of the policy-making process, including the roles of ethics and evidence
- Propose strategies to identify stakeholders and build coalitions and partnerships for influencing public health outcomes
- Advocate for political, social or economic policies and programs that will improve health in diverse populations
- Evaluate policies for their impact on public health and health equity

**Leadership**

- Apply principles of leadership, governance and management, which include creating a vision, empowering others, fostering collaboration and guiding decision making
- Apply negotiation and mediation skills to address organizational or community challenges

**Communication**

- Select communication strategies for different audiences and sectors
- Communicate audience-appropriate public health content, both in writing and through oral presentation
- Describe the importance of cultural competence in communicating public health content

**Interprofessional Practice**

- Perform effectively on interprofessional teams

**Systems Thinking**

- Apply systems thinking tools to a public health issue

**Other:** _______________________________

**What are your specific learning objectives for the practicum? Your learning objectives need to be aligned to each of the competencies that you selected above.**

Think carefully about (1) what you hope to gain from the practicum experience/course, (2) the competencies you selected in the prior question, and (3) how you will accomplish your practicum learning objectives/goals.

**Competency 1:** Planning & Management to Promote Health: Apply awareness of cultural values and practices to the design or implementation of public health policies or programs

**Specific Learning Objective:** Engage with the many different personnel and community members who come together on naval bases to serve an international community and adapt strategies that are appropriate for the specific military culture of the United States navy in Japan.
**Competencies 2 and 3:** Communication Skills: Select communication strategies for different audiences and sectors; communicate audience-appropriate public health content, both in writing and through oral presentation

**Specific Learning Objective:** Generate appropriate advocacy and awareness materials to communicate the Health Promotion office’s goals to various public groups and provide clear, consistent training to staff and community members.

**You would then need to come up with a specific learning objective for each of the remaining 2 competencies you selected in the previous question, so that all 5 competencies are addressed within your learning objectives.**

I have reviewed and understand the description of the practicum experience, above, and I understand my responsibilities as a student. I certify that the work being submitted is my own.

☑ Yes
☐ No