History of HSHPS

• Established in 1996 in response to President Clinton’s Executive Order 12900 “Educational Excellence for Hispanic Americans”

• HRSA help establish a consortium of medical schools interested in increasing Hispanics in medicine

• Eligibility by having 5% or more Hispanic medical or public health students: 19 medical schools and 6 public health schools

• Funding through grants, contracts, and membership dues
Improving the health of Hispanics through academic development, research initiatives, and training, by:

- Helping medical and public health schools recruit, train, promote, and retain Hispanic faculty, researchers, and key administrators.
- Developing educational opportunities in Health professions schools’ curriculum, research, and clinical experiences that will help Hispanic and non-Hispanic students and recent graduates provide excellent healthcare to Hispanic populations.
- Promoting collaborations at the regional, national, and international levels between educational institutions and other groups with an interest in, or impact on, Hispanic health.
- Using our research strength and representation of academic institutions to have a significant voice at the table in setting policy related to Hispanic health issues.
HSHPS Goals

• Increase the number, capacity and leadership of Hispanic faculty

• Ensure a diverse workforce to meet the health needs of our nation

• Promote, stimulate, and recognize scholarship that is relevant to the health and well-being of Hispanics
HSHPS Training Programs

• HSHPS works with government agencies and member institutions to create unique experiences for trainees that center around different health issues and policies that impact the different sub Hispanic communities in the U.S. and in Latin America.

• Work with a Mentor (experienced researcher)

• Past projects have focused on the following areas:
  – Federal Agencies and the Healthcare System
  – U.S./Mexico Border Health Issues
  – Specific Diseases (HIV/AIDS, Cancer, Diabetes, Environmental Health)
  – Behavioral and Environmental Health
  – Tropical Medicine and Global Health
HSHPS Training Program Goals

- Enhance research and professional development skills
- Increase knowledge about Hispanic and other minority health issues
- Provide opportunities to network
- Pursue a health career in government or academia
- Work with Hispanic and other minority communities

SAMHSA Summer Trainees at PAHO
Federal Agencies and the Healthcare System Training Programs

- **CDC**
  - Atlanta, GA

- **NIOSH**
  - Atlanta, GA; Cincinnati, OH; and Washington, DC

- **NCHS**
  - Hyattsville, MD

- **VA**
  - Washington, DC; Tampa, FL; Los Angeles, CA; Denver, CO; and San Juan, PR

- **OMH and HRSA**
  - Rockville, MD

Gilda Cornejo, MPA Candidate
2011 VA Trainee in Washington, DC
Example of Projects

• “HIV Prevention Capacity Building for National HIV/AIDS Prevention Programs in Support of Hispanic/Latino Activities”, 2011 Centers for Disease Control and Prevention (CDC) Training Program in Atlanta, GA


• “Measuring and Comparing the health of the United States to Other Countries through Research Initiatives Management”, 2008 National Center for Health Statistics (NCHS) Training Program in Hyattsville, MD

• “A System for Managing the Follow-Up Process for Patient Safety Issues”, 2011 Department of Veterans Affairs (VA) Training Program in Denver, CO

• “Access to Health & Behavioral Health Care Study: Targeting a Spanish-Speaking Latina Perinatal Population at Local Community Health Centers in Richmond, Virginia”, Office of Minority Health (OMH) Training Program in Rockville, MD

• “Combining Models of Instructional Design and Public Health to Create and Deliver Effective Health Education” 2011Health Resources and Services Administration (HRSA) Training Program in Rockville, MD
U.S. Mexico Border Health Training Programs

• FRONTERA in Tucson, AZ
  – University of Arizona, College of Medicine

• FRONTLine Experience in Tucson, AZ
  – University of Arizona, Mel and Enid Zuckerman College of Public Health

2011 FRONTLine Experience in Tucson, AZ
Examples of Projects

• “Characterization of Women Receiving Blood Transfusions for Heavy Uterine Bleeding and Comparison to Women Receiving Treatment in a Clinic Setting”, 2011 Fronterera Training Program in Tucson, AZ

• “Protocol Development for the Standardization of Identification and Processing of Undocumented Border Crossing Bodies (UBC) along the U.S./Mexico Border”, 2011 FRONTline Training Program in Tucson, AZ
Disease Specific Training Programs

• Cancer Prevention and Control in San Juan, PR
  – University of Puerto Rico in San Juan, Graduate School of Public Health

• Improving Diabetes Self-Management in Chicago, IL
  – University of Illinois in Chicago, School of Medicine

• Joslin Diabetes Center in Boston, MA
  – Harvard University, School of Medicine

2008 Cancer Prevention and Control in San Juan, PR
Example of Projects

• “Pilot study of adolescent BMI and risk for cardiovascular disease, Type II diabetes and cancer”, 2010 Cancer Prevention and Control Training Program in San Juan, Puerto Rico

• “Health Promoters and Pharmacists in Diabetes Team Management”, 2011 Improving Diabetes Self-Management in the Chicagoland Training Program in Chicago, IL

• “A glimpse inside Rosa’s Story: A Clinical and Research-Oriented Experience”, 2007 & 2008 Joslin Diabetes Center Training Program in Boston, MA
Behavioral and Environmental Health

- Substance Abuse and Mental Health Service Administration (SAMHSA) in Rockville, MD
- Environmental Health Along the U.S. Border Mexico in Laredo/Harlingen, TX
  - University of Texas Health Science Center in San Antonio

2008 Environmental Health in Harlingen/ Laredo, TX
Examples of Projects

• “Are Girls More Resistant?: Challenges in Females Substance Abuse Treatment for African American, Hispanic/Latino, and American Indian/Alaska Native Adolescent Populations”, 2011 Substance Abuse and Mental Health Service Administration (SAMHSA) Training Program in Rockville, MD

• “Developing the Healthy Eating Active Living (HEAL) Initiative in Laredo, TX”, 2009 & 2010 Environmental Health Training Program in Laredo/Harlingen, TX

• “Autism, Health Promotion, and Resource Evaluation in South Texas”, 2011 Environmental Health Training Program in Harlingen, TX
International Training Programs

• Tropical Medicine and Global Health in Quito, Ecuador
  – University of South Florida, College of Public Health

• HIV/AIDS and Other Comorbidities Along the U.S. Mexico Border in San Diego, CA and Tijuana, Mexico
  – University of California in San Diego, College of Medicine
Examples of Projects

• “Infectious Disease and the Health Care System in Ecuador”, 2010 Tropical Disease & Global Health Training Program in Quito, Ecuador

HSHPS Student Training Program
Statistics (2006-2011)

• Total Placed: 223
  – Government Agencies: 148 (66%)
  – Member Institutions: 75 (34%)

• Ethnicity
  – Hispanic: 145 (65%)
  – Other Minority: 49 (22%)
  – White Non Hispanic: 30 (13%)

• Education
  – BS/BA/BSN: 32 (14%)
  – MS/MPH: 135 (61%)
  – MA/MBA/MSN: 27 (12%)
  – MD: 26 (12%)
  – PhD: 10 (4%)
  *Some Trainees had more than one degree
What does success look like?

• In 2011 alone:
  – 76 trainees placed
  – 42 (55%) offered fellowships, internships, or jobs
  – 50% continued their higher education trajectory

TOP PIC: 2011 APHA Conference – HSHPS Staff meet with 2008 NIOSH-OH Trainee Fernando Rengifo who has his own practice, just published a book on immigration, and is a part-time contractor for NIOSH.

LEFT PIC: Alumni Reunion during 2011 APHA Conference. Nili Larish (CDC), Carlos Pinto (Guest), James Leopore (VA), Clara Yuvienco (SAMHSA), Luisa Soaterna (OMH), and Fernando Rengifo (NIOSH).
Applicant Eligibility

• U.S. citizen or permanent resident (no visas)
• Current or recent graduate (less than three years) of a bachelors (fourth year), masters, or doctoral degree in medicine, public health, nursing, or behavioral health
• Less than five years of professional working experience in health field
• English working proficiency (written and oral)
• Must be available for the full duration of training program
  – 10 weeks or 6 months, 40hrs/week
Application Process

• Complete Online Application Form
  – www.hshps.org
• Short Answer Questions
• Resume/Curriculum Vitae
• Letters of Recommendation (2)
• Official Transcripts
  – Submit on time
• Phone Interview
Short Answer Questions

• What will you contribute to program?
  – What have you learned (school and professionally) that will contribute to the work that the program site is doing

• Demonstrate commitment to Hispanic community.
  – Concrete examples of interactions with Hispanic community
  – Duration is also important
  – Just because you are Hispanic does not mean that you have demonstrated that you are committed to serving Hispanics

• What do you want to gain from the experience?
  – Do some research in regards to what the program site focuses on
    • Interest in HIV/AIDS vs. Interest in CDC’s Division of HIV/AIDS Prevention data on MSM within the Hispanic community
Resume/Curriculum Vitae

• Easy to read
• List only **relevant** work experience
• No more than 1-2 pages
  – Publications and presentations (3-4 pages)
• Grammatically correct
• Objectives
  – Would like to participate in program vs. Would like to increase my knowledge about how HIV/AIDS disproportionately affects Hispanics
• Bullet points
  – Start with a verb: Organized vs. Organizing
  – Do NOT write: I worked 40hrs/wk
• Be concise and to the point
  – Numbers ($$$), how to you accomplish your tasks, and what did you accomplish (not the organization)
• Search: Purdue and USA Jobs Resume Tips
• Ask someone in your field of studies/interest to review your resume
• An example of a resume
Letters of Recommendation

• Two Letters
• Make sure you know the writer
• Make sure the writer knows you
  – professional and personally
• Writer should be able to give concrete examples of
  – Commitment to working with the Hispanic community
  – Educational and professional aspirations
  – Why you would be a good fit for the program site
• Draft a letter and give it to the writer
Selection Process

- **Round 1: HSHPS Staff**
  - deadline and completion

- **Round 2: HSHPS Staff and Alumni**
  - Looking for interest and commitment to working with the Hispanic community

- **Round 3: Review Committee**
  - Top 100 applications are sent to a review committee composed of HSHPS Board of Directors and partner organizations

- **Round 4**
  - Top 10 applications are sent to on site directors and mentors to review and selection

- We typically receive 300 applications
Award Package

• Weekly Stipend
  – $200-$250/wk

• Sponsored Housing
  – No additional cost to you – we pay for expenses
  – Share a two bedroom apartment or dorm

• Long Distance Travel Reimbursement
  – $500-$700 reimbursement on airfare/mileage

• Local Transportation
  – $20-$40/wk depending how far housing is from office
Program Requirements

• Pre-Arrival Requirements
• Pre-Orientation (conference call)
• Orientation (on site)
• Research/Field-Work Tasks
• Milestone Completion Chart
• Seminars (4)
• Pictures (4)
• Program Evaluations (3)
• Reaction Paper
• Research Paper
• Oral Presentation
• Annual Survey
What do our Alumni Say?

• “As a result of this fellowship I can truly say that I have grown as a public health professional and an aspiring physician. I have strengthened my skills as a researcher, an area in which I was previously intimidated by.” – Erica Peppers, Environmental Health along the U.S/Mexico Border in Laredo/Harlingen, TX 2008 & 2010 Trainee

• “As a result of the HSHPS fellowship program I was accepted to the Center for HIV/AIDS Minority Pipeline Abuse (CHAMPS). I will start a six month postdoctoral fellowship in January at UCSD. I am thrilled to be able to begin a new project and finalize a manuscript of the project that I started in the fellowship.” – Argentina Servin, HIV/AIDS and Associated Co-Morbidities in the U.S./Mexico Border Region 2010 Trainee

• “A summer of change - this is how I would describe my [...] experience...Filled with expectations that were met and many times surpassed. I am proud to say that I am leaving this position employed with a complete proposal for my research project and a new outlook on life.” - Luisa Soaterna, Office of Minority Health (OMH) 2011 Trainee

• “I believe the most valuable learning and observation took place in the distinct communities and clinical settings throughout Ecuador. The opportunity to gain hands-on scientific skills, assist physicians caring for patients, and consider unique ways to be an advocate for patients was invaluable.” - Claire Petersen, Tropical Medicine and Global Health 2011 Trainee
Questions?
Contact Info

Michelle Quinteros de Czifra, MS
HSHPES Program Manager
mquinteros@hshps.org

Odalys Crespo, MA
HSHPES Program Intern
programs@hshps.org
703-415-1404