



Mission

Moveable Feast prepares and delivers nutritious meals and groceries to individuals and their Families – those in need and living with HIV/AIDS and other life-challenging conditions – throughout the Greater Baltimore Metropolitan Area and Maryland's Eastern Shore. Moveable Feast also provides nutritional counseling, transportation, and employment training to people in need in Maryland.

*2620 Wilkens Avenue
Baltimore, MD 21223
(410) 327-3420*

Volunteer Opportunities !!!

Kitchen Assistant Kitchen hours are Mondays through Fridays from 9am to 5pm. Volunteers can assist any time during these hours. Duties typically involve food preparation and packaging, grocery packer, clean up, and occasionally unloading food trucks and stocking the pantries.

Delivery Driver Meals are delivered Monday through Friday between 9am and 1pm. Grocery delivery times from drop-off sites may vary. Volunteer drivers can set their own schedule according to how many days per week they wish to work and the area they request for the meal delivery. Volunteers are given a route sheet with client information and directions to their homes. Meal delivery typically takes about one (1) hour. Moveable Feast delivers to Greater Baltimore Metropolitan Area and Maryland's Eastern Shore. Volunteers are asked to deliver at least once a week.

Baker Baking homemade deserts is another way to make a difference at Moveable Feast. You may bake desserts as an individual or group. You may do it at home at your convenience. Baked goods are then distributed to our clients the following day. We also have a Baking group that meets and bakes at Moveable Feast's kitchen twice a month.

Clerical and Events Assistant Volunteers are needed to assist staff with special projects or needs at the work place. (i.e. help to sort mail, surveys, fundraising, and to receive and assist callers and greet guests).

4-Wheel Drive Vehicle Volunteers are needed to make deliveries during extreme weather conditions with their 4-wheel drive vehicle's.

Moveable Feast warmly welcomes individuals and groups to volunteer here! We can handle teams of up to 15 people at a time from your school, church or business. Teams and individuals are encouraged to adopt a meal delivery route or other shifts once a week or month. For more information contact

Tom Patrick Volunteer Manager, phone (410) – 327 – 3420, extension 31

Email tpatrick@mfeast.org or visit our website www.mfeast.org