

### **Mining Your Change Experience**

*The goal of this activity is to enable participants to answer the questions:*

- *What did you learn about organizational change from this experience?*
- *What did you learn about yourself and change from this experience?*

Directions:

The following activity should be done prior to showing the Module 5 mini-lecture.

Distribute the list of questions on the following page and ask each participant to answer the questions.

Depending on the size of the group, you can ask people to pair up with another person or have an open discussion. If you are working with pairs, ask people to share their responses with each other and be prepared to present in the group discussion what was similar and different in their experiences.

Allow 10 to 15 minutes to speak with each other and then open up the group discussion. If you have fewer than eight participants, you can ask some of the participants to share their experiences with the whole group.

