



ABOUT US

Clients:	700
Meals:	521,000+ per year
Supplements:	37,000+ per year
Volunteers:	3033 (2003)
	9,490 service hours

Mission:

To be the quality provider of nutritionally appropriate meals and nutrition counseling to people in need in the City of Baltimore and the counties of the State of Maryland, as well as to be the provider of life skills and culinary skills, job placement and transportation for our clients.

Nutrition Programs:

The **Home Delivered Meals** program provides three nutritionally appropriate meals prepared and delivered five days a week, with extra food on Fridays for the weekend, for clients who are homebound with HIV/AIDS. Food is also provided for the dependent children of those infected with HIV/AIDS.

The **Meals for a Week** program provides weekly delivery of one bag of groceries and five frozen entrees for clients with HIV/AIDS who are unable to return to work and cannot shop for themselves. Home Delivered Meals and Meals for a Week are for people in Baltimore City, the surrounding counties, and the entire Eastern Shore of Maryland.

Service to Drop-in Centers includes the delivery of meals to support organizations throughout the city that deal with HIV affected or at-risk populations.

The **Back-to-Basics** program (a network of cooperation agencies) provides a response to recently diagnosed People Living with HIV/AIDS who are experiencing a subsistence-related crisis. Moveable Feast provides nutritional assistance to individuals through the Back-to-Basics case management team.

The **Culinary Training** Program teaches basic kitchen and life-skills to former Moveable Feast clients and others who are physically able and mentally prepared to re-enter the workforce. The 12-week curriculum focuses on food preparation and safety, cooking fundamentals, and job readiness. In cooperation with partnering organizations, successful graduates will be given job placement assistance in the food service industry.

Nutritional Counseling:

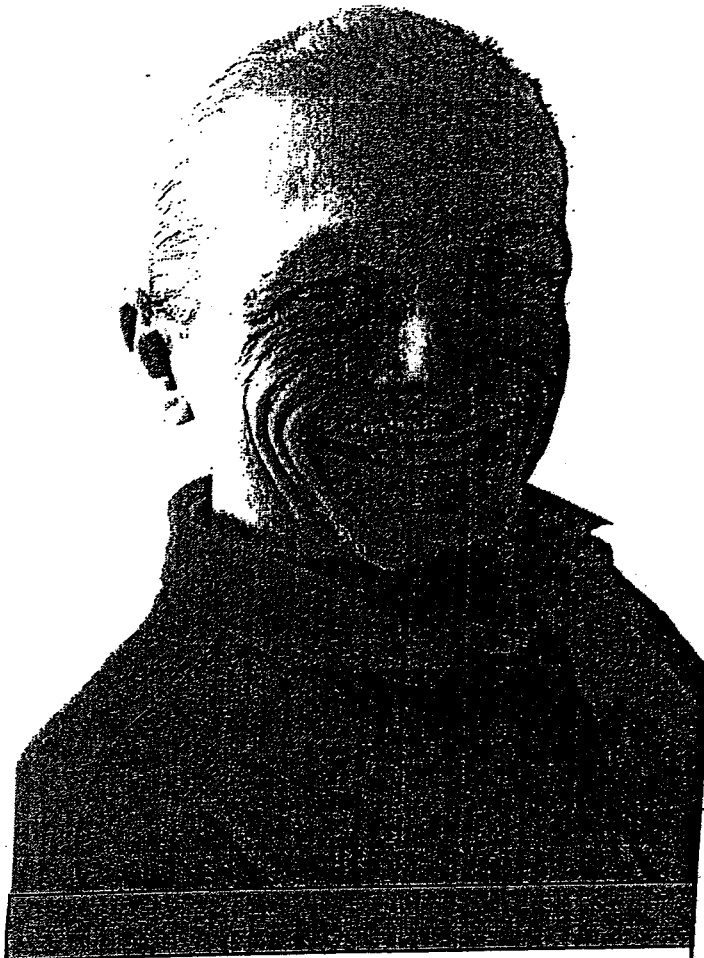
A full-time Registered Dietitian provides nutritional counseling and education to clients and community groups.

Transportation Programs:

The **Shuttle Program** provides transportation among sites regularly used by homeless people in Baltimore City. In addition to providing a needed service, the shuttle program employs People Living with HIV/AIDS, thus providing them with the means to support themselves.

The **Medical and Psychosocial Appointment Transportation** program transports Ryan White clients to and from appointments in Baltimore City daily.

The Reason We Exist



This is Brian Cox.

Brian is 42 years old and he lives alone in an efficiency apartment in Baltimore with his cats Bogart and Diva. Brian has been HIV+ for twenty years, and he has been receiving prepared meals and groceries from Moveable Feast for three years. A series of strokes has left him with slowed speech and restricted mobility, but his senses remain as sharp as a knife.

There are only two people that Brian can count on seeing every week: his mother and his Moveable Feast delivery person, who brings not only food, but comfort, compassion and company.

Brian has received meals from Moveable Feast for three years, and if he was forced to go for any stretch of time without his meals, Brian's life would be seriously threatened. At this phase of his medical treatment, Brian needs the nutrition that Moveable Feast provides to live and to regain some of his body mass, which has dwindled to less than 120 pounds.

Brian is one of the many hundreds of reasons that Moveable Feast exists, and the sad reality is that there are more than 20 people on a list, waiting to become as lucky as Brian. Because of our limited budget, Moveable Feast is unable to provide its services to all of those who need them. And two people - two living, breathing human beings no different from you or your loved ones - died in the past year waiting to receive Moveable Feast's vital services.



Which forces us to ask, in a land of such abundance, should any human being have to go without basic food and nutrition?