

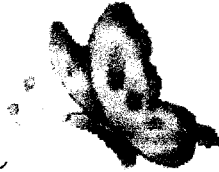


Women Of Worth



"Embracing the Butterfly Within"

Started in January 2004 at Lemmel Middle School in the Leadership Academy, Just For Youth, Inc. staff assists 20 girls before school, during school, after school, and on the weekends.



Mission

The mission of Just For Youth, Inc. is to provide programs that help youth develop the inner resources and skills necessary to become productive members of their community. We empower youth by encouraging social competence, education and youth development. Women of Worth is one of the many programs established by JFY to address these issues.



About Women of Worth (WOW)

WOW is a resiliency based program that empowers maturing young women to make positive choices. This program provides youth with

- Academic Enrichment
- Resiliency/Social Skills Training
- Leadership Skills Training
- College Preparation
- Job Readiness/Career Exploration
- Informal Counseling
- Classroom Coaching
- Homework/Tutoring Session
- Cultural Events
- Group "Wake Up" Sessions
- Student Run Workshop Series
- Family Resource Management

Youth involved in the program are given a place to explore gender specific issues such as relationships with peers and parents, peer pressure, self identity, divorce, drugs and alcohol, sexuality and healthy choices. The goal is for participants to become equipped with the tools necessary to negotiate and navigate through life decisions and choices to achieve a positive outcome.

Human service professionals work with students, parents and educators on a weekly basis to ensure academic and social success. In addition to weekly school visits and counseling sessions, students also participate in regular character building workshops and retreats.

Students in the program also have the option of being paired up with an adult mentor that will provide the student with a positive adult role model. The mentors participate in the bi-weekly sessions with the students as well as other weekend recreational and cultural activities.