

SOURCE

THE NEWSLETTER OF THE STUDENT OUTREACH RESOURCE CENTER

New SOURCE Staff Member—Seth Christman!



Photo: **The New SOURCE Team!**

From Left to Right:

Glenn L. Ross, Community Consultant

Mindi B. Levin, Director

Lori N Hackett, Administrative Assistant

Seth Christman, new SOURCE Coordinator

SOURCE welcomes its newest staff member to our team, Seth Christman. Seth will be the SOURCE Coordinator responsible for special events, counseling, advising service-based groups and one-on-one student appointments. Please join us in welcoming Seth! His office is located in E3001 (the former SOURCE Resource Room) and he can be reached at: (410) 955-3880 or sechrist@jhsph.edu

“The Connection” Needs You!

Many Community Based Organizations (CBOs) need help/advice when applying for funding or conducting short-term research and YOU could benefit from the opportunity to gain experience of putting your skills to work in the real world. This is a great chance to form mutually beneficial partnerships with area CBOs.

Additionally, many graduate students do not have the time to commit to an organization for an entire year. This gives students the opportunity to be involved with short-term projects. If you are interested in being a part of “The Connection” Community Consultants, visit the following link: www.jhsph.edu/source/Students/Connection and fill out a Consultant profile. We hope to have some projects for the Winter Break.

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“The best way to find yourself is to lose yourself in the service of others.”

--Ghandi

CBO Spotlight: Moveable Feast

This month's CBO Spotlight is on Moveable Feast. Since its founding in 1989, Moveable Feast has been committed to ensuring that all who are living with HIV/AIDS have their nutritional needs met on a daily basis by providing freshly prepared, home delivered meals and groceries. People with AIDS often become caught in a vicious cycle of poor appetite and physical weakness that prevents them from providing adequate meals for themselves. They suffer from severe illnesses that limit their physical activity, low income and high health care costs, and isolation from their support network during the work day. Severe malnutrition can be a life-threatening condition, and is a frequent cause of hospitalization for People Living with HIV/AIDS. **If you are interested in volunteering for Moveable Feast**, please contact Tom Patrick at (410) 327-3420.

Student Group Spotlight: Baltimore City Head Start Program

A new student organization in at the School of Medicine is the focus of this month's Student Group Spotlight. Although the group has not yet been officially named, its members are busy putting together a fantastic program to aid young children. The group's mission is to work with preschoolers in Baltimore City Head Start, an early childhood education program for low-income families. Because childhood obesity is a growing concern in our nation and in Baltimore, Head Start has expressed a need for health education. Students will meet this need by designing a 10-week curriculum about nutrition and physical activity, then delivering this curriculum directly to children at Head Start sites. Lessons will be age appropriate with interactive lesson plans. The goal is to expose children to the basics of nutritional eating and having fun through movement. A variety of different food groups will be introduced to the children to instill good nutritional habits that will hopefully carry into their teen and adulthood years. Anyone affiliated with Hopkins can volunteer with the program, and students from the Schools of Medicine, Nursing, and Public Health are welcome to assist with curriculum design. The courses will take place once a week, taking about an hour for each lesson. The group's faculty advisor is Dr. Tracy King, a Hopkins pediatrician.

If you are interested in volunteering with this student group, please contact Florence Wu (fwu11@jhmi.edu) - MSI.

SOURCE Community Council

Student Outreach Resource Center's Community Council includes representatives from our partnering Community Based Organizations (CBOs) that provide information, guidance, advice and support to SOURCE. Advice given by the CBOs impacts policy development, recruitment ideas, academic linkages, and more. The council serves as a brainstorming group, or think tank, to address issues and concerns, and to create ideas and strategies to carry out the work of the Center. The following people serve on SOURCE's Community Council:

Deidra Bishop – Director, East Baltimore Community Affairs, JHHS

Deborah Chilcoat – Planned Parenthood of MD, Inc.

Seth Christman – Coordinator, SOURCE

Piper-Leigh Daniels – Project PLASE

Ann Flagg – IRC (International Rescue Committee)

Lori Hackett – Administrative Assistant, SOURCE

Stephanie Jacobs – The Family Tree

Corlis Jones – Rose Street Community Center

Mindi Levin – Director, SOURCE

Sister Agnes Rose McNally – Tench Tilghman Elementary School

Lois Mitchell – HEBCAC (Historic East Baltimore Community Action Coalition)

Johnetta Morgan – HERO (Health Education Resource Organization)

Leon Purnell – The Men's Center

Glenn Ross – Community Consultant, SOURCE

Ana V. Rodriguez-Halpin – Adelante Familia

"How wonderful it is that nobody need wait a single moment before starting to improve the world."

-- Anne Frank

SOURCE Swap...Resource Room Changes

The Resource Room, formerly located in E3001, has a new home. E3001 has been converted to an office space for Seth Christman, our new SOURCE Coordinator. Items that used to be stored in E3001, such as student group information, mailboxes, and CBO literature and brochures, are now located in **Room E3003**, our Administrative Office. There are also other resources located in Room E3003. If your organization needs to use a phone to make calls, the fax to send or receive documents, or a computer to check incoming messages, Room E3003 is available for student group usage related to community service. For assistance, please contact Lori Hackett—lhackett@jhsph.edu, 410-955-3880.

Student Outreach Resource Center (SOURCE)
Serving the Johns Hopkins University
Schools of Medicine, Nursing and Public Health

Johns Hopkins Bloomberg School of Public Health
615 N Wolfe Street, E3003
Baltimore MD 21205

Phone: 410-955-3880
E-mail: source@jhsph.edu

We're on the web!
www.jhsph.edu/source

Holiday Volunteering!

The holidays are just around the corner and many organizations need your help! Please consider donating your time this holiday season to one of the organizations listed below, or to any community organization or cause.

Bea Gaddy Center:

www.jhsph.edu/source/VolunteerAgencies/SocialIssues/BeaGaddy.html

Our Daily Bread:

www.jhsph.edu/source/VolunteerAgencies/SocialIssues/ODB

The Men's Center:

www.jhsph.edu/source/VolunteerAgencies/CommDev/MensCenter.html

Maryland Food Bank:

www.jhsph.edu/source/VolunteerAgencies/SocialIssues/MFBank

Stay tuned for details on SOURCE's annual Toy Drive (co-sponsored with several student groups. Drop boxes in SOURCE (JHSPH E3003) from Nov 29th—Dec 12th.



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