



SOURCE
Student Outreach Resource Center

Student Governing Board Members 2009 – 2010

SOURCE is proud to present the Student Members of our Governing Board. Students from the Johns Hopkins University Schools of Medicine, Nursing, and Public Health are encouraged to reach out to these student leaders in order to: share ideas, offer programming recommendations, ask questions about community engagement, and more. These student leaders meet with SOURCE staff regularly, and are up-to-date on a variety of campus and community issues. Additionally, these student leaders are exceptional role models who are involved both on and off campus. Read more about our wonderful student leaders:

School of Medicine

FERHINA ALI



A native of New York City, I attended college at the University of Rochester and am currently a third year medical student at Hopkins. Excited by the potential for community outreach in Baltimore, I joined the SOURCE InterAction Council two years ago and have since begun working with SOURCE on the Governing Board. I am especially interested in the public health and mentoring programs, in addition to more

institutionally-based endeavors like service learning and faculty sponsored community health care.

Two summers ago, I worked with the Hopkins Center for Global Health studying charity based eye care in the urban and developing regions of India. During my college years, I founded the Rochester Unite for Sight and hope to continue to explore avenues for vision care for the under-served in the Baltimore community through Hopkins.

STEPHEN JURASCHEK



I grew up in Massachusetts and went to Boston College. Through a number of experiences – a nine-month service trip in South America, working with Blind youth, volunteering in an urban emergency department – service has become an integral part of my life. My decision to pursue a degree in medicine was largely due to my desire to live a life of service. When I came to Hopkins the first organization I encountered was SOURCE, who spoke to incoming medical students about Baltimore community dynamics and opportunities to get involved as part of the Baltimore Awareness and Service Experience (BASE). This talk and the following day of outreach in Baltimore created a tone for my entire medical school experience. I was excited to learn that not only is service an important part of Hopkins but also that there are a lot of students who want to get involved in helping the surrounding community. With a sense of enthusiasm I joined a number student organizations – Bienestar Baltimore (formerly Programa Salud), the Incentive Mentorship Program – and also sought ways to organize service opportunities for classmates by volunteering as the Nathans College Service Chair and organizing BASE for incoming medical students. Throughout these activities SOURCE has been an invaluable resource and support in accomplishing our objectives, and through my many encounters with SOURCE I have an increasing appreciation for the services provided to students through this Center. I am honored to be a part of SOURCE's Student Governing Board, and I look forward to playing a more integral role in the accomplishment of SOURCE's mission to provide students opportunities to outreach to Hopkins' many surrounding communities.

AMIR MOHAREB



I am Amir Mohareb and I am in my second year of the Hopkins medical program. After growing up in Chicago, I lived across Canada and attended college in Toronto. Throughout this time I was involved in a number of community service projects. In Nova Scotia, I was fortunate enough to stumble onto l'Arche, a string of community homes for individuals with varying levels of disabilities. l'Arche opened the doors to new friendships, experiences, and insight on how community based organizations can make a difference. Since moving to Baltimore in August 2008, I have gotten to know and love community service in East Baltimore, particularly through the Public Justice Center and the Wolfe Street Academy.

MICHELLE WILSON



My name is Michelle Wilson and I am a first year medical student at the Johns Hopkins School of Medicine. I was born and raised in Northeastern Ohio where my interest in education and advocacy led me to create an after-school tutoring program for elementary students with learning disabilities. I attended college at Stanford University where I became involved with a number of community service organizations serving the East Palo Alto community. For over five years I worked with Upward Bound, a federal TRIO program that provides academic support for low-income high school students aspiring toward higher education. After graduating from Stanford, I worked for the Mural Music and Arts Project, a nonprofit youth-empowerment agency that strives to educate, inspire, and empower youth through involvement in the arts. I am interested in the unique challenges facing urban communities and chose to attend medical school at Hopkins in part because of the many opportunities to learn from and contribute to the surrounding community.

It is a tremendous honor to serve on the SOURCE Governing Board and InterAction Council. I look forward to connecting medical students and student groups with community based organizations that are doing meaningful work in the East Baltimore Community. I hope to help SOURCE inspire a lasting commitment to community service that will shape the way that Hopkins students engage with their communities throughout their careers.

JESSE YANG



I am very excited to begin work as part of SOURCE's Governing Board! I am a first year medical student and a native of the DMV (DC, Maryland, Virginia) area. I attended Northwestern University in Chicago, Illinois. My community involvement started in High School when I trained and became a volunteer EMT at a local Fire Dept. At Northwestern, I shifted my focus to not just community service but activism. In Chicago, I worked as a volunteer YMCA basketball coach and as a volunteer in various homeless shelters. As an activist, I founded the NU Coalition to Free the Jena Six and later became Vice President of the politically charged Black Student Alliance. Despite

being Asian, I was also later asked to join and did join Phi Beta Sigma Fraternity Inc., a historically Black Fraternity dedicated to service.

I have an obsession with rectifying inequality and social justice. I am excited to be on SOURCE's governing board because I have seen the need in East Baltimore for service. My other involvements at Hopkins include being one of SOURCE's HIV counselors, a member of SNMA and one of the coordinators of CASE, SNMA's adolescent sexual education program.

PHYLLIS YANG



A second year medical student at Hopkins, I tutor with the Incentive Mentoring Program and serve on the student board of Taussig College. I hail from a suburb in Kansas and went to school at the University of Pennsylvania, where I was involved in numerous tutoring organizations and taught asthma education and summer classes in the West Philadelphia community. Working with the APAMSA chapter at Penn, I helped organize a free Hepatitis B screening program for Chinatown residents with little health insurance. Now being situated in Baltimore, I want to increase student outreach within our immediate community and facilitate mutually beneficial relationships between Hopkins members and our East Baltimore neighbors.

I am associated with Incentive Mentoring Program, Taussig College, Asian Pacific American Medical Student Association, and a variety of interest groups

I hope more medical students will utilize SOURCE to become involved in the community and expand community service programs for their organizations. I feel that SOURCE can be a bigger presence within the medical school, and it has the potential to be a tremendous resource, even as a career building tool.

School of Nursing:

LINDSEY ELLIS



I recently joined the John's Hopkins community as an accelerated BSN student. I am from Tucson, Arizona and earned my first degree in development studies with a focus on the Middle East and Arabic. After taking an elective course in women's studies, I knew I had discovered a passion and incorporated women's studies into my curriculum as much as possible. I studied in Fez, Morocco for one summer and Cairo, Egypt for one year, where I volunteered to teach English and helped design a program to support orphaned children. I moved to Washington, DC about three years ago, and worked for Women's Learning Partnership, an NGO that partners with grassroots organizations in Muslim-majority countries to advance women's leadership and advocate for women's human rights. There I learned the power of diverse people working together toward a common goal, and I hope to apply that knowledge to my work with SOURCE and with the East Baltimore community.

Looking forward, I hope to earn an MSN/MPH and work in community-based organizations in support of women's health and rights.

I have been inspired by the dedication and wide range of knowledge that my colleagues at the SON possess, and I aim to bring their talents to the community throughout the upcoming year.

ANNA MARTIN



I'm a junior in the BSN program, and am thrilled to be serving on the SOURCE Governing Board this year. I moved to Baltimore from my hometown of Rochester, NY this past summer to begin nursing school. At the SON, I'm involved with the Peace Corps Fellows Program and work at Women's, Infants, and Children (WIC) Supplemental Nutrition Program in East Baltimore through the Community Outreach Program. Throughout my life, volunteer work and service learning have been rewarding experiences that provide unique ways to engage in the community in which I'm living – be it as a Peace Corps Volunteer in China, an ESL teacher for immigrants and refugees in Rochester and NYC, or as an aide in an orphanage in Seoul, South Korea. The opportunities to build friendships and foster meaningful working connections in these communities have enriched my time in these places, and ultimately lead me to switch careers from teaching to nursing. I'm passionate about bringing people together through service, and I'm looking forward to helping students find ways to explore, learn and be involved in the East Baltimore community through SOURCE!

SARAH SCHOEN



A junior at the SON, I am a Returned Peace Corps Volunteer (Guatemala, 2004-2006) and a native of Iowa. I attended Beloit College in Wisconsin and worked very closely with organizations assisting survivors of domestic violence and sexual assault. Upon return to Iowa I started to focus my efforts on the Latino population, helping them navigate the health care system as well as other services according to their specific needs. All of these experiences led me to my current path in Nursing. What attracted me most to Hopkins were the numerous opportunities for outreach and service in the Baltimore community. I have had the chance to work with the Baltimore City Health Department's Maternal and Infant Program, SON's Birth Companions Program, Peace Corps Fellows Program, and Bienestar Baltimore. SOURCE is not only another way to connect with the greater Baltimore community; it is a vehicle for joining students with the agencies that are actually doing the work we plan to do in the future. I am honored to be a part of the SOURCE's student governing board and excited to begin!

School of Public Health

BRIAN GORDON



I graduated from the Florida State University (FSU) this past spring with a Biochemistry degree and am a first year Masters in Health Science student within the Department of Population Family and Reproductive Health. I have shown great initiative and leadership in service. By serving with Alternative Break Corps (ABC), I have traveled to New York City to work with HIV/AIDS, Memphis to work at a children's hospital, and planned and co-lead FSU's ABC's first international spring break trip, where myself and 11 other students served at an orphanage in the Dominican Republic. I have also served as a site leader at the national leadership conference for alternative break programs for two summers working with Immigration and Border Issues in San Diego and Poverty & Urban Renewal in Cincinnati.

Additional summer experiences have included building a second floor school house and working at an orphanage in Guatemala in 2007 and serving as a cabin counselor for chronically ill children at six Hole in the Wall Camps in Connecticut, California, North Carolina, New York, the UK, and Ireland during the summer of 2008. As a senior, I realized my ability to create change in my hometown. Myself, along with another student at FSU partnered to spearhead a sustainable impact project by revitalizing a youth recreation center in his hometown of Madison, FL. Other experiences have included implementing a serving learning component into an Honors Medical Seminar, serving as a tutor for visually impaired students, and as a Social Justice Living Learning Community Mentor.

My masters' concentration of Child and Adolescent Health and Development as well as the pursuit of a Health Disparities and Health Inequalities Certificate fall in line with my past experiences and career ambitions. After helping the Student Sharing Coalition facilitate one of the project areas during the SOURCE Tri-School Day of Service and currently serving as a Research Assistant with the Urban Health Institute, I look forward to further involvement in the East Baltimore community.

CHANDRA JACKSON



I am Chandra L. Jackson, a third year PhD student in Cardiovascular Disease Epidemiology, from Atlanta, Georgia. While in Baltimore, I have participated in and helped promote the Annual Bea Gaddy Thanksgiving Dinner and Baltimore's Annual Freedom Trail Walk, which symbolized the communities' "release" from unhealthy lifestyles. I have also voluntarily organized and cleaned a shelter for abused women, "The Family Tree", and served food to the homeless at 'My Sister's Place'. As an inaugural Brown Community Health Scholar, I have participated in lunchtime seminars with a number of prominent Baltimore community leaders (e.g. Congressman Elijah Cummings, Health Commissioner Josh Sharfstein, and many more). Through these opportunities, I have learned how to more effectively serve the Baltimore community in hopes of eliminating chronic disease health disparities and contributing to the richness of *Charm City*. With regard to future volunteer activities, I intend to become a long-term mentor/tutor for Dunbar High School students through the Incentive Mentoring Program. I will also spend at least 1 weekend a month volunteering for various community agencies affiliated with SOURCE; YOU should join me!

SIMRAN SABHERWAL



I am a first year PhD student at the School of Public Health in the Department of Population, Family, and Reproductive Health. After growing up in the Northern California Bay Area, I attended college in Berkeley and completed my MHS at JHSPH. For the past couple years, I returned to the Bay Area where I worked at the University of California, San Francisco (UCSF) Philip R. Lee Institute for Health Policy Studies as a researcher on issues pertaining to child and adolescent health. Community outreach and service have been a pivotal and formative part of my life. Throughout college, I was actively involved in a student-run organization known as the Health and Medical Apprenticeship Program (HMAP) that was dedicated, among other things, to placing students in health related community organizations throughout the Bay Area and supplementing this experience with student-led discussion sections focused on various public health topics and current events. In Baltimore, I have volunteered with Planned Parenthood of Maryland as a member of their Speakers Bureau and also as a Research Assistant through the SOURCE Phase Practicum. More recently, I was a Girls Action Team Co-Coach for Girls For a Change (GFC) in the San Francisco Bay Area. In this role, I was able to work with a team of urban, middle school girls to support them in creating and implementing a social change project to improve their communities. Through all my experiences, I've recognized the unique and powerful assets that many communities possess and that can be harnessed for improving their health and wellbeing but that are often unfortunately ignored in the pursuit to address needs and problems from the outside. I know SOURCE shares these values and is committed to making sure that JHMI students, faculty and staff have opportunities to engage with and contribute to the greater Baltimore community, and I'm honored to be joining the SOURCE Student Governing Board. I look forward to increasing awareness and utilization of the wonderful services SOURCE provides and to ensuring that the JHMI campus continues to be a vibrant component of its surrounding community.

CHRISTINE SORAN



I am a student in the Masters of Public Health program. My interest in service-learning was sparked at Boston College, where I combined philosophy and theology coursework with volunteering at different community organizations including a domestic violence shelter, an after school tutoring program, and a foot clinic for homeless men and women. After Boston College, I spent a volunteer year in Moshi, Tanzania working with a health clinic and the village health committee. My experiences in Tanzania prompted me to commit myself to medicine and public health. For the past two years, I was in Boston working as a research assistant on health information technology research and attending a post-baccalaureate program at night. I am looking forward to learning more about the Baltimore community, working with the committed SOURCE board members, and putting my coursework into action.

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The **SOURCE** for community involvement opportunities.