



COAH-W News July- October, 2008

Message from the Director:

COAH Faculty, Staff and Fellows,

It is my pleasure to introduce our inaugural newsletter to you. This newsletter, an excellent suggestion by the staff, is a way to keep the faculty and staff informed of special announcements and events going on at the Center. I hope that you find the information useful and contribute content and suggestions. Happy reading, and my best!

Karen Bandeen-Roche

Announcements:

Congratulations

Karen Bandeen-Roche PhD- appointed Interim Chair, Department of Biostatistics, Johns Hopkins Bloomberg School of Public Health

Michelle Carlson, PhD- promoted to Associate Professor, Department of Mental Health, Johns Hopkins Bloomberg School of Public Health

Elizabeth Tanner PhD- received the Johns Hopkins University Alumni Association Excellence in Teaching Award. This award is presented to honor those faculty members that are nominated by the student body to be exemplary and inspirational in their roles as both a teacher and mentor

George Rebok PhD- Professor, Department of Mental Health, Johns Hopkins School of Public Health, appointed core faculty Center on Aging and Health; Dr. Rebok is the Principal Investigator of Experience Corps.

Sarah Szanton PhD, CRNP- Assistant Professor, Johns Hopkins School of Nursing, appointed core faculty Center on Aging and Health

Paul Willging, PhD, appointed Chairman, Howard County Commission on Aging, Chairman of the Board, A. T. Still University of Health Sciences (ATSU), Member, National Governor's Association (NGA) Policy Academy on Civic Engagement

Welcome to our new staff

Eunice Guzman- Evaluator, Experience Corps

Clare Blubaugh- Evaluator, Experience Corps

Katherine Giuriceo, Project Manager, Experience Corps

Farewell

On a sad note, we will be bidding farewell to our colleague **Ray Burchfield** at the end of October. After more than 13 years at COAH, Ray has taken a position at Columbia University. We wish Ray much luck in the future!

News

The FAITH! Nutrition Education Program, a small community grant and partnership between COAH staff member and JHSPH graduate student Brian Buta and graduate students LaPrincess Brewer and Deneen Hamlin and Rev. Michael Palmer of the New Friendship Baptist Church in East Baltimore, was featured in the Summer edition of the Johns Hopkins Urban Health Institute Newsletter. The program is a faith-based initiative designed to promote good nutrition, diet, exercise and overall healthy living behaviors within the African American community. To read the full article please visit: http://www.jhsph.edu/urbanhealth/PDFs/UHI_News_Summer_08.pdf

Upcoming Seminars and Lectures:

October 29, 2008 6-8:00PM Gerontology/Geriatrics Interest Groups (GIG) of the Schools of Medicine, Nursing and Public Health, the Center on Aging and Health, the Geriatric Education Center, Medical Student Society, and School of Public Health Student Assembly present a debate on the health care policies of McCain and Obama, as they relate to older adults. School of Nursing Carpenter Room.

November 3, 2008 at 3:30pm. *COAH Seminars on Aging Series*: Dr. Lloyd Demetrius, Professor, Department of Organismic and Evolutionary Biology, Harvard University, and Max Planck Institute for Molecular Genetics. Presentation title TBA. 2024 E. Monument Street, Suite 2-700.

November 10, 2008 at 3:30pm. *Elizabeth L. Rogers, M.D., Visiting Lecture in Geriatric Medicine*: Dr. Stanley B. Prusiner, Director of the Institute for Neurodegenerative Diseases and Professor of Neurology and Biochemistry, University of California, San Francisco. Presentation title TBA. Johns Hopkins Asthma & Allergy Center, Atrium Auditorium.

December 8, 2008 at 3:30. *COAH Seminars on Aging Series*: Dr. Michael Gurven, Associate Professor of Anthropology, University of California-Santa Barbara. Presentation title TBA. 2024 E. Monument Street, Suite 2-700.

Center Funding News:

Funding for the Johns Hopkins Older Americans Independence Center, known as the **Pepper Center**, was renewed on July 1, 2008. The Pepper Center, established in January 2003, with funding from the National Institute on Aging fosters research to understand the causes of frailty associated with aging and to develop effective ways to prevent or treat frailty.

HR Updates:

For staff- please remember that we started the FY09 fiscal year on July 1, 2008; each employee receives 2 floating holidays per fiscal year; floating holidays can not be carried over from fiscal year to fiscal year so please plan on using them prior to June 30, 2009. Annual enrollment for 2009 benefits will take place from October 27 through November 10, 2008. This is your once a year opportunity to make changes to your benefit elections. Annual enrollment will be completed online and you will only need your JHED ID to log in. Please visit the JHU Benefits Website for more information <http://hrnt.jhu.edu/benefits/>.

Publications with COAH-W Members, July 1, 2008 - present

Arbaje AI, Wolff JL, **Yu Q**, Powe NR, Anderson GF, Boulton C. Postdischarge environmental and socioeconomic factors and the likelihood of early hospital readmission among community-dwelling Medicare beneficiaries. *Gerontologist*. 2008 Aug;48(4):495-504. PMID: 18728299.

Beck J, Ferrucci L, Sun K, Fried LP, **Varadhan R**, Walston J, Guralnik JM, Semba RD. Circulating oxidized low-density lipoproteins are associated with overweight, obesity, and low serum carotenoids in older community-dwelling women. *Nutrition*. 2008 Oct;24(10):964-8. Epub 2008 Jun 30. PMID: 18585897.

Carlson MC, Helms MJ, Steffens DC, Burke JR, Potter GG, Plassman BL. Midlife activity predicts risk of dementia in older male twin pairs. *Alzheimers Dement*. 2008 Sep;4(5):324-31. PMID: 18790459.

Chaves PH. Functional Outcomes of Anemia in Older Adults. *Semin Hematol*. 2008 Oct;45(4):255-260. PMID: 18809096.

Green AF, **Rebok G**, Lyketsos CG. Influence of social network characteristics on cognition and functional status with aging. *Int J Geriatr Psychiatry*. 2008 Sep;23(9):972-8. PMID: 18449952.

Kozachik SL, **Bandeem-Roche K**. Predictors of patterns of pain, fatigue, and insomnia during the first year after a cancer diagnosis in the elderly. *Cancer Nurs*. 2008 Sep-Oct;31(5):334-44. PMID: 18772657.

Lee BK, Glass TA, Wand GS, McAtee MJ, **Bandeem-Roche K**, Bolla KI, Schwartz BS. Apolipoprotein E Genotype, Cortisol, and Cognitive Function in Community-Dwelling Older Adults. *Am J Psychiatry*. 2008 Jul 1. [Epub ahead of print] PMID: 18593777.

Mezuk B, **Rebok GW**. Social integration and social support among older adults following driving cessation. *J Gerontol B Psychol Sci Soc Sci*. 2008 Sep;63(5):S298-303. PMID: 18818450.

Mezuk B, **Rebok G**. Regarding Sims and colleagues' "Self-reported health and driving cessation in community-dwelling older drivers". *J Gerontol A Biol Sci Med Sci*. 2008 Aug;63(8):892. PMID: 18772480.

St Julien J, **Bandeem-Roche K**, Tamargo RJ. Validation of an aneurysmal subarachnoid hemorrhage grading scale in 1532 consecutive patients. *Neurosurgery*. 2008 Aug;63(2):204-10; discussion 210-1. PMID: 18797349.

Stein PK, Barzilay JI, **Chaves PH**, Mistretta SQ, Domitrovich PP, Gottdiener JS, Rich MW, Kleiger RE. Novel Measures of Heart Rate Variability Predict Cardiovascular Mortality in Older Adults Independent of Traditional Cardiovascular Risk Factors: The Cardiovascular Health Study (CHS). *J Cardiovasc Electrophysiol*. 2008 Jul 3. [Epub ahead of print] PMID: 18631274.

Szanton S, Allen J, **Seplaki C**, **Bandeem-Roche K**, Fried L. Allostatic Load and Frailty in the Women's Health and Aging Studies. *Biol Res Nurs*. 2008 Sep 30. [Epub ahead of print] PMID: 18829589.

Swihart BJ, Caffo B, **Bandeem-Roche K**, Punjabi NM. Characterizing sleep structure using the hypnogram. *J Clin Sleep Med*. 2008 Aug 15;4(4):349-55. PMID: 18763427.

Theppeang K, Glass TA, **Bandeem-Roche K**, Todd AC, Rohde CA, Schwartz BS. Gender and race/ethnicity differences in lead dose biomarkers. *Am J Public Health*. 2008 Jul;98(7):1248-55. Epub 2008 May 29. PMID: 18511728.

Willging, Paul. Medical Direction and the Future of Assisted Living. *Annals of Long Term Care*; 16(3): 29-31.

Xue Q-L, **Bandeem-Roche K**, **Varadhan R**, Zhou J, Fried LP. Initial Manifestations of Frailty Criteria and the Development of Frailty Phenotype in the Women's Health and Aging Study II. *J Gerontol A Biol Sci Med Sci* 2008; 63(9): 984-990.

Yasar S, Zhou J, **Varadhan R**, **Carlson MC**. The use of angiotensin-converting enzyme inhibitors and diuretics is associated with a reduced incidence of impairment on cognition in elderly women. *Clin Pharmacol Ther*. 2008 Jul;84(1):119-26. Epub 2008 Mar 19. PMID: 18231116.